

# September 2024 - Goldfinch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Activity packs available 1:30-3:00 Open Gym - WC	2 <b>Labour Day</b> 10:30 Restorative Exercise Class - HB	3 10:30 Giant Crossword 2:30 Jimmy the Crooner Performs - RB	4 10:00 Restorative Exercise - GF 11:00 Singing with Luci - CD 2:00 SUPER BINGO - BJ	5 10:00 Rosary & Communion - CR 10:45 Euchre 2:00 Kro-boc-shuffli	6 9:45 Chair Yoga - CR 11:00 Tea Party/Baby Shower 2:00 Shopping - TR	7 8:30 Dining room Visits 10:00 Story Book Corner 2:00 Make Your Own Sundae
8 Church Service TBD 1:30-3:00 Open Gym - WC 2:00 Come Colour with Me - HB	9 10:30 Restorative Exercise Class - HB 11:00 Yogurt Parfait 2:00 Tethered Balloon Tennis	10 10:30 Terry Fox Decorating & Planning 2:30 Donna & Guest Perform - HM	11 10:00 Restorative Exercise Class - GF 11:00 Singing with Luci - GF 2:00 Super Bingo - RB	12 10:00 Rosary & Communion - CR 10:30 Terry Fox Trivia 2:00 Terry Fox Run 2:30 Worship Service with Fran - CR	13 <b>There will be a <u>Mock Evacuation Drill</u> taking place today</b>  Activity packs available	14 10:00 News & Views 10:30 Giant Crossword 2:00 Shuffleboard
15 <b>Terry Fox Day</b> Church Service TBD Friendly Visits All Day 1:30-3:00 Open Gym - WC	16 10:00 Manicure Monday 10:30 Restorative Exercise Class - HB 2:00 Tattoos and Beer Party! <b>Wacky Hair Day</b>	17 10:30 Giant Crossword 2:30 Rick Groves Performs For The Birthday Party -BJ	18 10:00 Restorative Exercise Class - GF 2:00 Church Service with Pat Casey - CR 2:00 SUPER BINGO - HB	19 10:00 Rosary & Communion - CR 11:00 Singing with Luci - RB 2:00 Under the Sea Craft	20 9:45 Chair Yoga CR 2:00 Shopping - TR	21 <b>Oktoberfest begins!</b> 8:30 Dining room Visits 10:00 Patio Visits 2:00 Paint by Number
22 <b>First Day of Autumn</b> Church Service TBD 1:30-3:00 Open Gym - WC 2:00 Patio Tea - HB	23 10:30 Restorative Exercise Class - HB 10:45 Euchre 2:00 Resident Council - CR	24 10:00 Giant Crossword 11:00 Yogurt Parfait 2:30 Adrien Robitaille Performs with a hint of Oktoberfest - GF	25 10:00 Restorative Exercise Class - GF 11:00 Singing with Luci - BJ 2:00 Super Bingo - CD	26 10:00 Rosary & Communion - CR 10:30 Smudging - OD 11:00 News & Views 2:00 Wine & Cheese & Paint Party	27 9:45 Chair Yoga - CR 2:00 Wilderness Travel - TR	28 10:30 Under the Sea Crafts 2:00 Pumpkin Spice Lattes
29 Church Service TBD 1:30-3:00 Open Gym - WC	30 10:30 Restorative Exercise Class - HB 2:00 Under the Sea Party - AC	<b>Life Enrichment &amp; Volunteer Services Coordinator</b> Dana Gignac dgignac@jarlette.com (249) 559-0400 ext. 213		<b>Life Enrichment Aides</b> Brian Dean, Tanya Ostertag, Heather MacNaughton  thevillaprograms@gmail.com  "Villa Residents" on Facebook		<b>Legend</b> BJ - Blue Jay CD - Cardinal GF - Goldfinch HM - Hummingbird RB - Robin OD - Outdoors in front CR - Celebration Room WC - Wellness Centre AC - Activity Centre TR - Trip away from building



# September 2024 - Robin

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>1:30 - 3:30 Open Gym WC</p> <p><i>Activities available in Activity Center</i></p>	<p><b>2</b></p> <p><b>Labour Day</b></p> <p><i>Activities available in Activity Center</i></p>	<p><b>3</b></p> <p>10:00 Restorative Exercise Class</p> <p>11:00 Apple Cider Social</p> <p>2:30 Jimmy the Crooner Performs - RB</p>	<p><b>4</b></p> <p>8:30 Dining Room visits</p> <p>10:00 Bean Bag Toss</p> <p>11:00 Singing with Luci - CD</p> <p>2:00 <b>Super BINGO - RB</b></p>	<p><b>5</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Rosary &amp; Communion - CR</p> <p>2:00 Virtual Concert</p> <p>3:00 Restorative Exercise Class</p>	<p><b>6</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Chair Yoga - CR</p> <p>2:00 Yogurt Parfait</p>	<p><b>7</b></p> <p>1:30 - 3:30 Open Gym WC</p> <p><i>Activities available in Activity Center</i></p>
<p><b>8</b></p> <p>1:30 - 3:30 Open Gym WC</p> <p><i>Activities available in Activity Center</i></p>	<p><b>9</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Paint by Number</p> <p>11:00 Tim Hortons Social</p> <p>2:00 Manicure Monday</p>	<p><b>10</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Restorative Exercise Class</p> <p>11:00 Tattoo Parlor</p> <p>2:30 Donna &amp; Guest Perform - HM</p>	<p><b>11</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Book Club</p> <p>11:00 Singing with Luci - GF</p> <p>2:00 <b>Super BINGO - GF</b></p>	<p><b>12</b></p> <p>10:00 Rosary &amp; Communion - CR</p> <p>10:30 <b>Tea Party - AC</b></p> <p>2:00 Terry Fox Walk</p> <p>2:30 Worship Service with Fran - CR</p> <p>3:00 Restorative Exercise Class</p>	<p><b>13</b></p> <p><b>There will be a <u>Mock Evacuation Drill</u> taking place today</b></p>	<p><b>14</b></p> <p>10:00 Little Lake Adventure - TR</p> <p>1:30 - 3:30 Open Gym - WC</p> <p>2:00 Karaoke</p> <p>3:00 Movie Matinee + Snacks</p>
<p><b>15</b></p> <p>8:30 Dining Room Visits</p> <p>10:30 Virtual Church</p> <p>1:30 - 3:30 Open Gym WC</p> <p>2:00 Fall Walk Through Little Lake - TR</p>	<p><b>16</b></p> <p><i>Activities available in Activity Center</i></p> <p><b>Wacky Hair Day</b></p>	<p><b>17</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Restorative Exercise Class</p> <p>11:00 Short Story Corner</p> <p>2:30 Rick Groves Performs For the Birthday Party - BJ</p>	<p><b>18</b></p> <p>8:30 Dining room visits</p> <p>10:00 Ladder Golf</p> <p>11:00 Jelly Fish Craft</p> <p>2:00 <b>Super BINGO - HB</b></p>	<p><b>19</b></p> <p>10:00 Rosary &amp; Communion - CR</p> <p>11:00 Singing with Luci - RB</p> <p>2:00 Wine &amp; Cheese Party</p> <p>3:00 Restorative Exercise Class</p>	<p><b>20</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Chair Yoga - CR</p> <p>11:00 Root Beer Float Patio Social</p> <p>2:00 Movie - Little Mermaid</p>	<p><b>21</b></p> <p>1:30-3:30 Open Gym WC</p> <p>2:00 Exploring Little Lake - TR</p> <p>6:15 Spa Night</p>
<p><b>22</b></p> <p><b>First Day of Autumn</b></p> <p>1:30 - 3:30 Open Gym WC</p> <p>2:00 Ice Cream Sundaes FUN</p> <p>2:30 Virtual Church</p> <p>6:15 Movie Night + Snacks</p>	<p><b>23</b></p> <p>8:30 Dining Room Visits</p> <p>10:30 Balloon Badminton</p> <p>2:00 Manicure Monday</p> <p>2:00 Residents Council - CR</p>	<p><b>24</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Restorative Exercise Class</p> <p>11:00 Creating Fall Wreaths</p> <p>2:30 Adrien Robitaille Performs - GF</p>	<p><b>25</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Create a Fall Collage</p> <p>11:00 Singing with Luci - BJ</p> <p>2:00 <b>Super BINGO - CD</b></p>	<p><b>26</b></p> <p>10:00 Rosary &amp; Communion - CR</p> <p>2:00 Virtual Concert</p> <p>3:00 Restorative Exercise Class</p>	<p><b>27</b></p> <p>8:30 Dining Room Visits</p> <p>10:00 Chair Yoga - CR</p> <p><b>PJ Day</b></p>	<p><b>28</b></p> <p>10:00 Hiking Trail - TR</p> <p>1:30 - 3:30 Open Gym WC</p> <p>2:00 Tea Party</p>
<p><b>29</b></p> <p>8:30 Dining Room Visits</p> <p>10:30 Virtual Church</p> <p>1:30 - 3:30 Open Gym WC</p> <p>2:00 Documentary</p>	<p><b>30</b></p> <p>8:30 Dining Room Visits</p> <p>2:00 <b>Under the Sea Party - AC</b></p>	<p><b>Life Enrichment &amp; Volunteer Services Coordinator</b></p> <p>Dana Gignac</p> <p>dgignac@jarlette.com</p> <p>(249) 559-0400 ext. 213</p>	<p><b>Life Enrichment Aides</b></p> <p>Emily Jones</p> <p>Samantha Smith</p> <p>thevillaprograms@gmail.com</p> <p>"Villa Residents" on Facebook</p>	<p><u>Legend</u></p> <p>BJ - Blue Jay</p> <p>CD - Cardinal</p> <p>GF - Goldfinch</p> <p>HM - Hummingbird</p> <p>RB - Robin</p> <p>OD - Outdoors in front</p> <p>CR - Celebration Room</p> <p>WC - Wellness Centre</p> <p>AC - Activity Centre</p> <p>TR - Trip away from building</p>		



# Hummingbird September 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Church Service TBD <b>1:30-3:00</b> Open Gym - WC	<b>2</b> <b>Labour Day</b> <b>10:30</b> Restorative Exercise Class - HB	<b>3</b> <b>10:30</b> Giant Crossword - GF <b>2:30</b> Jimmy the Crooner Performs - RB	<b>4</b> <b>10:00</b> Restorative Exercise Class - GF <b>11:00</b> Singing with Luci - CD <b>2:00</b> Super Bingo - BJ	<b>5</b> <b>10:00</b> Rosary & Communion - CR <b>10:45</b> Euchre - GF <b>2:00</b> Kro-boc-shuffli - GF	<b>6</b> <b>8:30</b> Dining Room Visits <b>9:45</b> Yoga Class - CR <b>11:00</b> Tea Party/Baby Shower <b>1:45</b> Documentary: The Royals <b>2:00</b> Jewelry Making	<b>7</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Story Book Corner <b>2:00</b> Make Your Own Sundae
<b>8</b> <b>8:30</b> Dining Room Visits <b>1:30-3:00</b> Open Gym - WC <b>2:00</b> Come Color with Me	<b>9</b> <b>10:30</b> Restorative Exercise Class - HB <b>11:00</b> Yogurt Parfaits - GF <b>2:00</b> Tethered Balloon Tennis - GF	<b>10</b> <b>12:30</b> Dining Room Visits <b>2:30</b> Donna & Guest Perform - HM <b>6:00</b> Cards <b>6:20</b> Patio Chats with Lemonade	<b>11</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Restorative Exercise Class - GF <b>11:00</b> Singing with Luci - GF <b>12:00</b> Lunch club (liver and onions) - AC <b>2:00</b> Super Bingo - RB	<b>12</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Rosary & Communion - CR <b>10:30</b> Tea Party - AC <b>2:00</b> Terry Fox Run <b>2:30</b> Worship Service with Fran - CR	<b>13</b> <b>There will be a Mock Evacuation Drill taking place today</b>	<b>14</b> <b>10:00</b> News and Views - GF <b>10:30</b> Giant Crossword - GF <b>2:00</b> Shuffleboard - GF
<b>15</b> Church Service TBD <b>1:30-3:00</b> Open Gym - WC	<b>16</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Manicure Monday <b>10:30</b> Restorative Exercise Class - HB <b>2:00</b> Tattoos and Beer Party! <b>Wacky Hair Day</b>	<b>17</b> <b>8:30</b> Breakfast Club (French Toast and Pancakes with Sausage) - AC <b>10:30</b> Coloring <b>2:30</b> Rick Groves Performs For the Birthday Party - BJ	<b>18</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Pen Pals <b>10:00</b> Restorative Exercise Class - GF <b>2:00</b> Super Bingo - GF <b>2:00</b> Church Service with Pat Casey - CR	<b>19</b> <b>10:00</b> Rosary & Communion - CR <b>11:00</b> Singing with Luci - RB <b>2:00</b> Under The Sea Craft - GF	<b>20</b> <b>8:30</b> Dining Room Visits <b>9:45</b> Yoga Class - CR <b>2:00</b> Cards and Coffee Social	<b>21</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Patio Visits <b>2:00</b> Paint by Number
<b>22</b> <b>First Day of Autumn</b> Church Service TBD <b>8:30</b> Dining room Visits <b>1:30-3:00</b> Open Gym - WC <b>2:00</b> Patio Tea	<b>23</b> <b>10:30</b> Restorative Exercise Class - HB <b>2:00</b> Resident Council - CR	<b>24</b> <b>12:30</b> Dining Room Visits <b>2:30</b> Adrien Robitaille Performs - GF <b>6:00</b> Let's Bake with Tanya	<b>25</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Restorative Exercise Class - GF <b>11:00</b> Singing with Luci - BJ <b>2:00</b> Super Bingo - CD	<b>26</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Rosary & Communion - CR <b>10:30</b> Smudging - OD <b>2:00</b> Wine & Cheese Paint Party	<b>27</b> <b>8:30</b> Dining Room Visits <b>9:45</b> Yoga Class - CR <b>2:00</b> Music Documentary with MJ <b>PJ Day</b>	<b>28</b> <b>10:30</b> Under The Sea Crafts - GF <b>2:00</b> Pumpkin Spice Lattes - GF
<b>29</b> Church Service TBD <b>1:30-3:00</b> Open Gym - WC	<b>30</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Manicure Monday <b>10:30</b> Restorative Exercise Class - HB <b>2:00</b> Under The Sea Party -AC	<b>Life Enrichment &amp; Volunteer Services Coordinator</b> Dana Gignac dgignac@jarlette.com (249) 559-0400 ext. 213		<b>Life Enrichment Aides</b> Tanya Ostertag Brian Dean  thevillaprograms@gmail.com "Villa Residents" on Facebook		<u>Legend</u> BJ - Blue Jay CD - Cardinal GF - Goldfinch HM - Hummingbird RB - Robin OD - Outdoors in front CR - Celebration Room WC - Wellness Centre AC - Activity Centre TR - Trip away from building

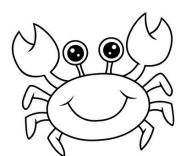


# September 2024 - Cardinal

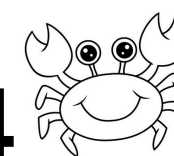


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>12:45</b> Friendly Visits  <b>2:00</b> St Paul's United Virtual Church Service  <b>1:30 - 3:30</b> Open Gym - WC  <b>6:00</b> Arts and Crafts</p>	<p><b>2</b></p> <p><b>Labour Day</b>  <b>2:00</b> Name That Tune  <b>6:00</b> Game Night</p>	<p><b>3</b></p> <p><b>10:00</b> Restorative Exercise Class - BJ  <b>2:30</b> Jimmy the Crooner Performs - RB  <b>6:00</b> Paint &amp; Music</p>	<p><b>4</b></p> <p><b>11:00</b> Singing with Luci - CD  <b>2:00</b> SUPER BINGO! - BJ  <b>6:00</b> Tea Party</p>	<p><b>5</b></p> <p><b>10:00</b> Rosary &amp; Communion - CR  <b>10:00</b> Restorative Exercise Class- CD  <b>2:00</b> Tim Hortons Social  <b>6:00</b> Virtual Concert with themed activities</p>	<p><b>6</b></p> <p><b>9:45</b> Chair Yoga - CR  <b>2:00</b> BINGO! - CD  <b>6:00</b> Basketball</p>	<p><b>7</b></p> <p><b>10:00</b> Courtyard Sunshine  <b>1:30 - 3:30</b> Open Gym - WC  <b>2:00</b> Movie Matinee  <b>2:30</b> Friendly Visits  <b>6:00</b> Show off your Art Skills</p>
<p><b>8</b></p> <p><b>10:00</b> St Paul's United Virtual Church Service  <b>1:30 - 3:30</b> Open Gym - WC  <b>2:00</b> Music Social  <b>6:00</b> Let's Make Jewelry</p>	<p><b>9</b></p> <p><b>2:00</b> Fall Bouquet Making  <b>6:00</b> Movie Night with Snacks</p>	<p><b>10</b></p> <p><b>10:00</b> Restorative Exercise Class - BJ  <b>2:30</b> Donna &amp; Guest Perform - HM  <b>6:00</b> Balloon Badminton</p>	<p><b>11</b></p> <p><b>10:00</b> Documentary  <b>11:00</b> Singing with Luci - GF  <b>2:00</b> SUPER BINGO! - RB  <b>6:00</b> Baking</p>	<p><b>12</b></p> <p><b>10:00</b> Rosary &amp; Communion - CR  <b>10:00</b> Restorative Exercise Class- CD  <b>2:00</b> Terry Fox Walk  <b>2:30</b> Worship Service with Fran - CR  <b>6:00</b> Get Crafty</p>	<p><b>13</b></p> <p><b>There will be a <u>Mock Evacuation Drill</u> taking place today</b></p>	<p><b>14</b></p> <p><b>12:45</b> Friendly Visits  <b>2:00</b> Let's Garden!  <b>6:00</b> Movie Night</p>
<p><b>15</b></p> <p><b>12:45</b> Friendly Visits  <b>2:00</b> St Paul's United Virtual Church Service  <b>1:30 - 3:30</b> Open Gym - WC  <b>6:00</b> Let's Paint</p>	<p><b>16</b></p> <p><b>10:00</b> Manicure Monday!  <b>2:00</b> Terry Fox Walk  <b>6:00</b> Game Night: Cards  <b>Wacky Hair Day!</b></p>	<p><b>17</b></p> <p><b>10:00</b> Restorative Exercise Class - BJ  <b>2:30</b> Rick Groves Performs for the Birthday Party - BJ  <b>6:00</b> Let's Paint!!</p>	<p><b>18</b></p> <p><b>10:00</b> Sing Along  <b>2:00</b> SUPER BINGO! - HB  <b>2:00</b> Church Service with Pat Casey - CR  <b>6:00</b> Movie with Themed Activities</p>	<p><b>19</b></p> <p><b>10:00</b> Rosary &amp; Communion - CR  <b>11:00</b> Singing with Luci - RB  <b>10:00</b> Restorative Exercise Class- CD  <b>2:00</b> Music Social  <b>6:00</b> Basketball</p>	<p><b>20</b></p> <p><b>10:00</b> Retro Records  <b>2:00</b> BINGO! - BJ  <b>6:00</b> Bowling</p>	<p><b>21</b></p> <p><b>10:00</b> Courtyard Sunshine  <b>1:30 - 3:30</b> Open Gym - WC  <b>2:00</b> Movie Matinee  <b>2:30</b> Friendly Visits  <b>6:00</b> Spa Night</p>
<p><b>22</b></p> <p><b>First Day of Autumn</b>  <b>10:00</b> St Paul's United Virtual Church Service  <b>1:30 - 3:30</b> Open Gym - WC  <b>2:00</b> Art Afternoon  <b>6:00</b> Name That Tune</p>	<p><b>23</b></p> <p><b>2:00</b> Resident Council - CR  <b>6:00</b> Tea Party</p>	<p><b>24</b></p> <p><b>10:00</b> Restorative Exercise Class - BJ  <b>2:30</b> Adrien Robitaille Performs - GF  <b>6:00</b> Get Crafty</p>	<p><b>25</b></p> <p><b>10:00</b> Google Explore  <b>11:00</b> Singing with Luci - BJ  <b>2:00</b> SUPER BINGO! - CD  <b>6:00</b> Baking!</p>	<p><b>26</b></p> <p><b>10:00</b> Rosary &amp; Communion - CR  <b>10:00</b> Restorative Exercise Class- CD  <b>2:00</b> Retro Records  <b>6:00</b> Get Crafty</p>	<p><b>27</b></p> <p><b>10:00</b> Bracelet Making  <b>2:00</b> BINGO! - BJ  <b>4:00</b> Dining Room Visits  <b>6:00</b> Movie and snacks  <b>PJ Day!</b></p>	<p><b>28</b></p> <p><b>12:45</b> Friendly Visits  <b>2:00</b> Under the Sea Craft  <b>6:00</b> Trivia Night</p>
<p><b>29</b></p> <p><b>12:45</b> Friendly Visits  <b>2:00</b> St. Paul's United Virtual Church Service  <b>6:00</b> Tattoo Parlour</p>	<p><b>30</b></p> <p><b>2:00</b> Under The Sea Party - AC  <b>6:00</b> Game Night</p>	<p><b>Life Enrichment &amp; Volunteer Services Coordinator</b>            Dana Gignac            dgignac@jarlette.com            (249) 559-0400 ext. 213</p>		<p><b>Life Enrichment Aides</b>            Kelsey Asselin            Ezra Banks            Heather McNaughton            thevillaprograms@gmail.com            "Villa Residents" on Facebook</p>		<p><u>Legend</u>            BJ - Blue Jay            CD - Cardinal            GF - Goldfinch            HM - Hummingbird            RB - Robin            OD - Outdoors in front            CR - Celebration Room            WC - Wellness Centre            AC - Activity Centre            TR - Trip away from building</p>





# Blue Jay September 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>12:45</b> Friendly Visits <b>2:00</b> St. Paul's United Virtual Church Service <b>1:30 - 3:00</b> Open Gym - WC <b>6:00</b> Fall Bouquet Making	<b>2</b> <b>Labour Day</b> <b>2:00</b> Name That Tune <b>6:00</b> Game Night	<b>3</b> <b>10:00</b> Restorative Exercise Class - BJ <b>2:30</b> Jimmy the Crooner Performs - RB <b>6:00</b> Paint & Music	<b>4</b> <b>11:00</b> Singing with Luci - CD <b>2:00</b> SUPER BINGO! - BJ <b>6:00</b> Tea Party	<b>5</b> <b>10:00</b> Rosary & Communion - CR <b>10:00</b> Restorative Exercise Class - CD <b>2:00</b> Under The Sea Craft <b>6:00</b> Virtual Concert with Themed Activities	<b>6</b> <b>9:45</b> Yoga Class - CR <b>2:00</b> BINGO! - CD <b>6:00</b> Basketball	<b>7</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Courtyard Sunshine <b>1:30 - 3:30</b> Open Gym - WC <b>2:00</b> Movie Matinee <b>6:00</b> Show Off Your Art Skills
<b>8</b> <b>8:30</b> Dining Room Visits <b>10:00</b> St Paul's United Virtual Church Service <b>1:30 - 3:30</b> Open Gym - WC <b>2:00</b> Creative Corner <b>6:00</b> Let's Make Jewelry	<b>9</b> <b>2:00</b> Bowling <b>6:00</b> Movie Night with Snacks	<b>10</b> <b>10:00</b> Restorative Exercise Class - BJ <b>2:30</b> Donna & Guest Perform - HM <b>6:00</b> Balloon Badminton	<b>11</b> <b>10:00</b> Documentary <b>11:00</b> Singing with Luci - GF <b>2:00</b> SUPER BINGO! - RB <b>6:00</b> Baking!	<b>12</b> <b>10:00</b> Rosary & Communion - CR <b>10:00</b> Exercise Class <b>2:00</b> Terry Fox Walk <b>2:30</b> Worship Service with Fran - CR <b>6:00</b> Get Crafty	<b>13</b> <p style="text-align: center;"><b>There will be a <u>Mock Evacuation Drill</u> taking place today</b></p>	<b>14</b> <b>12:45</b> Friendly Visits <b>2:00</b> Let's Garden <b>6:00</b> Movie Night
<b>15</b> <b>12:45</b> Friendly Visits <b>2:00</b> St. Paul's United Virtual Church Service <b>6:00</b> Bracelet Making	<b>16</b> <b>10:00</b> Manicure Monday! <b>2:00</b> Terry Fox Walk Through Building <b>6:00</b> Game Night: Cards <p style="text-align: center;"><b>Wacky Hair Day!</b></p>	<b>17</b> <b>8:30</b> Breakfast Club - AC <b>10:00</b> Restorative Exercise Class - BJ <b>2:30</b> Rick Groves Performs for the Birthday Party - BJ <b>6:00</b> Let's Paint!!	<b>18</b> <b>10:00</b> Sing-A-Long <b>2:00</b> SUPER BINGO! - HB <b>2:00</b> Church Service with Pat Casey - CR <b>6:00</b> Movie with Themed Activities	<b>19</b> <b>10:00</b> Rosary & Communion - CR <b>11:00</b> Singing with Luci - RB <b>10:00</b> Restorative Exercise Class - CD <b>2:00</b> Music Social <b>6:00</b> Basketball	<b>20</b> <b>8:30</b> Dining Room Visits <b>9:45</b> Yoga Class - CR <b>10:00</b> Retro Records <b>2:00</b> BINGO! - BJ <b>6:00</b> Bowling	<b>21</b> <b>8:30</b> Dining Room Visits <b>10:00</b> Courtyard Sunshine <b>1:30 - 3:30</b> Open Gym - WC <b>2:00</b> Movie Matinee <b>6:15</b> Spa Night
<b>22</b> <b>First Day of Autumn</b> <b>8:30</b> Dining Room Visits <b>10:00</b> St Paul's United Virtual Church Service <b>1:30 - 3:30</b> Open Gym - WC <b>2:00</b> Creative Corner <b>6:00</b> Name That Tune	<b>23</b> <b>2:00</b> Resident Council - CR <b>6:00</b> Games Night!	<b>24</b> <b>10:00</b> Restorative Exercise Class - BJ <b>11:15</b> Ice Cream Cart <b>2:30</b> Adrien Robitaille Performs - GF <b>6:00</b> Let's Get Crafty	<b>25</b> <b>10:00</b> Google Explore <b>11:00</b> Singing with Luci - BJ <b>2:00</b> SUPER BINGO! - CD <b>6:00</b> Baking!	<b>26</b> <b>10:00</b> Rosary & Communion - CR <b>10:00</b> Restorative Exercise Class - CD <b>2:00</b> Tim Hortons Social <b>6:00</b> Get Crafty	<b>27</b> <b>8:30</b> Dining Room Visits <b>9:45</b> Yoga Class - CR <b>10:00</b> Bracelet Making <b>2:00</b> BINGO! - BJ <b>6:00</b> Movie and Snacks <p style="text-align: center;"><b>PJ Day!</b></p>	<b>28</b> <b>12:45</b> Friendly Visits <b>2:00</b> Under the Sea Craft <b>6:00</b> Trivia Night
<b>29</b> <b>12:45</b> Friendly Visits <b>2:00</b> St. Paul's United Virtual Church Service <b>6:00</b> Tattoo Parlour	<b>30</b> <b>10:00</b> Manicure Monday! <b>2:00</b> Under The Sea Party - AC <b>6:00</b> Game Night	<b>Life Enrichment &amp; Volunteer Services Coordinator</b> Dana Gignac dgignac@jarlette.com (249) 559-0400 ext. 213		<b>Life Enrichment Aides</b> Kelsey Asselin Ezra Banks Heather McNaughton thevillaprograms@gmail.com "Villa Residents" on Facebook		<p style="text-align: center;"><u>Legend</u></p> BJ - Blue Jay CD - Cardinal GF - Goldfinch HM - Hummingbird RB - Robin OD - Outdoors in front CR - Celebration Room WC - Wellness Centre AC - Activity Centre TR - Trip away from building