



TEMISKAMING LODGE FLYER

May 2024

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Administrator's Message

Temiskaming Lodge Grand Opening

It is now official, our Home's Grand Opening is scheduled for Wednesday, May 8th 2024 at 10:00 a.m. There will be special invited guests joining us for this event. A special invitation will be sent to everyone!

Inspections

We have had a number of inspections in the past few weeks. At the end of March, Temiskaming Shores' Fire Chief and Fire Prevention Officer were on site to supervise a Fire Drill for Vulnerable Occupancy, which included timing of staff members moving residents from one fire zone to another. This exercise proved beneficial as there was lots of great learning opportunities and the staff did a great job! On April 2nd, a Ministry of Labour Inspector was on site to inspect the premises and we received a perfect report, which is posted on the health and safety board. Lastly, two inspectors from the Ministry of Long-Term Care came in during the week of April 8th to perform our post-occupancy inspection. At the exit interview, they shared that they had no areas of concerns and to expect the final report within the next four weeks. Once this report is received, we will share the content with everyone!

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Administrator's Message

2024-2025 Quality Improvement Plan

At this time of the year, we prepare our annual Quality Improvement Plan (QIP). The QIP is designed to be a lever for change on system-wide priority quality issues as well as individual organization key issues. This was submitted to Ontario Health by April 1st and is posted on our Quality Board. For the upcoming year, the indicators that we are working on include:

- Reduction of the emergency department visits for potentially avoidable visits;
- Percentage of staff who have completed equity, diversity, inclusion & anti-racism education;
- Percentage of residents who respond positively to the statement "I can express my opinion without fear of consequences";
- Percentage of residents who fell in the 30 days leading to their quarterly assessment; and,
- Percentage of residents without psychosis who are given antipsychotic medications.

For each of these indicators, we have set performance measures and developed change ideas in order to improve our numbers.

Sincerely,

Francine Gosselin, Administrator

May 2024

Temiskaming Lodge News

Resident and Family Service Coordinator

Hello everyone! My name is Kayla Plante and I am the new Resident and Family Service Coordinator at Temiskaming Lodge. I grew up in Temiskaming shores and I have two dogs. I am an auntie to a 3 year old, and soon to be an auntie to a newborn! I have a passion for supporting and helping others. I like to make others laugh when I am around. I graduated from the Social Service Worker program at Northern College in 2019. I previously worked in a daycare and also in a group home. In September I will be attending university online to obtain my bachelors degree in Indigenous Social Work. I look forward to meeting all of the families and getting to know the residents. Please feel free to stop by and see me at the Lodge. My office is located to the right when you enter the main doors of the home.

welcome
TO THE
TEAM

May 2024

Temiskaming Lodge News Cont'd

Behavioural Support Ontario (BSO)

Gentle Persuasive Approach (GPA) is a 4 module evidence based education session that helps care providers deliver person-centred, compassionate care for residents with dementia. It is an all-day training program designed to increase caregiver knowledge, skills and confidence in person-centred care and responsive behaviours. GPA teaches staff members to perceive the world from our resident's point of view. It also helps them understand that expressed behaviours are often the result of an unmet need and not because they are trying to be aggressive. At the Temiskaming Lodge we have 3 in house certified GPA coaches, our goal is to have all our staff GPA certified to enhance quality of care and reduce responsive behaviours.



Gentle
Persuasive
Approaches

May 2024

Temiskaming Lodge News Cont'd

Hairdressing Update

Lise Huppe and Marie-Jeanne Breault-Elliott are proud to join the team at the Temiskaming Lodge as hairstylists. Lise was born in Earltton and Marie-Jeanne was born in New Liskeard. They have both lived in the area with their families their whole lives. Both enjoy doing hair and love working with seniors.

Marie-Jeanne and Lise have named their salon the Pink Lady Shop because of the colour of the room and their love for the colour pink. They have 75 years of experience between them and they hope to continue to serve their clients and make them feel good with a fresh cut, wash, set or perm.

If you would like to book an appointment or have any questions regarding your loved ones hair, please call 705-647-1080. Please leave a message if there is no answer. Hairdressing services will be offered on Mondays (Tuesdays after a long weekend) and Wednesdays.

They look forward to serving you and your loved one.



May 2024

Temiskaming Lodge News Cont'd

Laundry Update

We have started a Laundry Committee, “Sudsy Solutions” to come up with some ideas on how to prevent resident’s clothing from being lost in our home. We understand the frustration and we are trying our best to figure this issue out. If you anyone has any ideas or questions please speak with Brenda Crumie - Housekeeping/Laundry Supervisor or Breanna Moore - CoDOC on Devil’s Rock.

Lost And Found

On the first Thursday of each month we will have the lost and found items displayed in the Hair Salon (first floor, near the entrance). These items will be displayed until the following Monday morning. If you have a loved one that is missing clothing or blankets please have a look to see if it’s in our Lost and Found. There is an abundance of items that we would like to see returned to their owners.



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Nutritional News

Benefits of making water your drink of choice

There are a lot of drink choices available. Many choices have a lot of: calories, sodium, sugars and saturated fat. Make water your drink of choice instead.

Drinking water is important for your health and a great way to quench your thirst. It also helps to stay hydrated without calories.

Our bodies lose water by sweating, breathing and getting rid of waste. You need to replace what is lost.



How to make water your drink of choice

Use these tips to help make water your drink of choice:

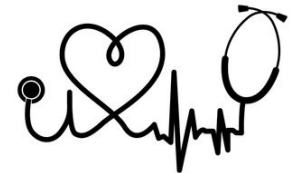
- drink it hot or cold
- drink water with your meals
- ask for water with your food when eating out
- carry a reusable water bottle when you are out
- try a fruit and herb infused water or carbonated water
- drink water during and after physical activity or playing sports
- keep a pitcher of water in the fridge or on the table for easy access

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Social News

Nursing Update

This year Nurses Week is May 6th - 10th. The theme is "Changing Lives. Shaping Tomorrow". Temiskaming Lodge will be recognizing and celebrating the outstanding nursing team we have here. We are very fortunate, here in the North, to have recruited some of the most amazing caring and compassionate registered staff.



May 2024

Social News Cont'd

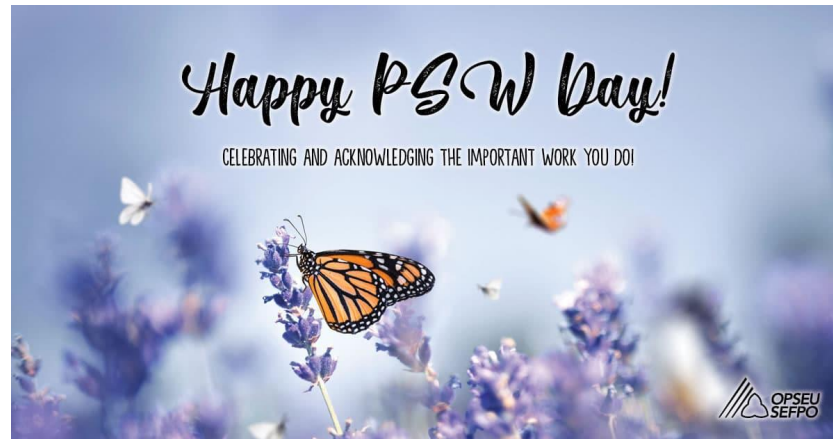
Nursing Update

We would also like to shine a spotlight on Personal Support Worker Day May, on the 19th. We are thrilled to be celebrating another wonderful group of staff. This day will be recognizing the invaluable work our PSW team does.



Our Nursing and PSW team is the backbone of the care that is provided to our residents here at Temiskaming Lodge!

So please help us celebrate our team of healthcare professionals and let them know how much we appreciate the hard work and dedication they give our residents each and every day!



May 2024

Remembering and Recognizing Friends



George J.
07/20/1927 - 03/29/2024



Don't cry because it's over; smile because it happened. ~Dr. Seuss

May 2024

Resident Council News

Our Residents' Council meets every month and our next meeting is scheduled for **May 9th, 2024 at 10:00 am**. These meetings will be held in Hair Salon on the first floor. All residents are encouraged to attend.

During these meetings, residents are notified of any changes/updates happening in the home, receive Resident Rights education and are able to voice any concerns or issues that may be affecting all residents in the home. We also invite them to share ideas for new programs or suggestions of ways to improve their experience with the Lodge.



May 2024

Resident Council News Cont'd

Residents' Bill of Rights Review

Section 5: Right to be informed, participate, and make a complaint

27. "Every resident has the right to be informed in writing of any law, rule or policy affecting services provided to the resident and of the procedures for initiating complaints."

28. "Every resident has the right to take part in the Residents' Council. Every long-term care home must have one."

29. "Every resident has the right to raise concerns or recommend changes in policies and services on behalf of themselves or others to the following persons and organizations without interference and without fear of coercion, discrimination or reprisal, whether directed at the resident or anyone else:

- i. the Residents' Council,
- ii. the Family Council,
- iii. the licensee (this includes directors, officers and others involved in the management of the home),
- iv. staff members,
- v. government officials,
- vi. any other person inside or outside the long-term care home."



May 2024

Family Council News

Town Hall Meeting

A reminder to everyone that our Town Hall Meetings for Friends and Family are booked on the first Thursday of each month at 2:00 p.m. Our next meeting is on Thursday, May 2, 2024. For this meeting, there is the option of participating virtually or in person at the Home in the The Helen Millar Learning Centre. More details will be sent by email closer to that date.

Join The Temiskaming Lodge Family Council

Be the voice that can help improve the quality of life for all residents in our community setting. For more information please contact Ghislain Lambert, alarie1959@gmail.com



May 2024

Upcoming Events

What are 1:1 Activities?

1:1 activities provide residents with interactive and client-centered programming visits. The purpose of these 1:1 activities are to promote socialization and sensory stimulation, to encourage opportunities for self-expression, to decrease feelings of loneliness and to foster companionship. Residents with low attendance and who do not function well in group activities are scheduled on the 1:1 list, which the Life Enrichment Aides follow each day.

May Birthdays

May 3 -Pauline M.
May 4 - Cecile W.
May 5 - Diane M.
May 7 - Hans T.
May 7 - Geraldine H.



May 7 - Parris O.
May 8 - Irene B.
May 10 - Linda B.
May 15 - Irene B.
May 16 - Beatrice C.



May 17 - Jane A.
May 20 - Wally G.
May 27 - Daintree B.
May 27 - Mervyn E.

Birthstone – Emerald

The emerald is the birthstone for May. This stone's name was derived from the Greek word smaragdus, which is a term that was applied to several kinds of green stones. In the Middle Ages, the stone was thought to foretell the future. It was also believed to cure epilepsy and fever and to protect the wearer from panic. Emeralds frequently occur inside shale, a fine-grained sedimentary rock. They are found in many parts of the world, but Colombia is known to mine the largest and highest-quality emeralds.

- The Monthly Gazette, Activity Connection

May 2024

Good News Stories

Fun for Everybunny!

Residents and team members at Temiskaming Lodge enjoyed some Easter themed fun with an egg hunt, Easter crafts and some nail care.



May 2024

Director's Message

Dear Residents, Families, Staff and Friends,

The Ministry of Long-Term Care has announced new regulatory changes, effective May 1st and July 1st. These amendments are designed to increase staffing flexibility, clarify air conditioning requirements, and end certain pandemic-related provisions.

The key changes include:

- Changes to staffing qualifications and air conditioning regulations become effective on May 1.
- The current flexibility in 24/7 nursing requirements due to the pandemic emergencies will end on July 1.
- The flexibility allowing homes to hire PSWs or those providing personal support services with necessary skills, despite missing some qualifications, is extended until July 1, 2025.
- Broadening the definition of “emergency” as it relates to the visitor policy effective July 1, 2024. A key learning from the COVID-19 pandemic is the critical need to ensure continued access to visitors. Section 267 (4) is amended by adding the following definition of when a home may close to visitors: *imminent threat to the health or well-being of residents and others attending the home that requires immediate action to ensure the safety of persons in the home.*

If you have any questions about these regulatory changes, please feel free to reach out to your home's administrator to directly chat about what they mean, or any other matter!

(Continued...)



TEMISKAMING LODGE FLYER



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Director's Message

May 12th holds great significance as it is Florence Nightingale's 204th birthday and International Nurses Day! This is a very special day as we celebrate the healing hands, caring hearts, comforting words, and brilliant minds of nurses as they support care in all countries in the world. I would like to personally say thank you to our staff for their committed service and making life better for residents.

In fact, our organization is very much nurse-led. Not only do nurses work in providing direct care to residents in our long-term care homes, but they also represent a major part of our organization's leadership. Even our president, David Jarlette, is a nurse! More than ever, we recognize the importance of nurses to every aspect of our health – physical, emotional, mental, social – and to greater societal good. Please take a moment to thank the very special nurses who work in your home!

Finally, there is a Ministry of Long-Term Care requirement to notify Home and Community Care of a bed vacancy following a discharge from the Home. While at times this can seem rather quick for families following the death of a loved one, this requirement is meant to ensure that another individual in urgent need of care receives it as soon as possible. We are happy to assist you with clearing out a resident room if needed. Please consider this in your planning and note that we have limited storage and are unable to store personal belongings longer than a few days if necessary.

Happy Spring to all and looking forward to warmer weather and an opportunity to get outside and enjoy our beautiful patios and gardens.

Kind regards,

Jill Knowlton, Director of Long-Term Care Operations

May 2024

Jarlette Health Services News

The month of May is recognized for many reasons, in addition to the ever warmer sunshine, budding trees and blooming spring flowers. It is National Caregivers Month and also a time to show special appreciation for the people who make a literally life changing difference in our lives: mothers! Happy Mother's Day on Sunday, May 12th!

It is also a month during which our family of long-term care and retirement communities celebrates some of our most *nurturing* professional team members, such as nurses, personal support workers and personal support assistants. Be sure to thank them for their passion and dedication to our residents when you see them in your home!

In many regards, our homes and lodges are nurse-led. Many of our administrators and general managers come from nursing backgrounds and nurses are found in our ranks from the frontline to the highest management levels, including our organization's president.

Thank you to each of them for making such a great difference in our lives. When you encounter them in your community, please take a moment to thank them personally!



Let's stay connected!

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