



Muskoka Landing Newsletter

May 2024

Contact Us

Phone: (705) 788-7713 | rcomish@jarlette.com



In This Issue...

Administrator's Message

Remembering and Recognizing Friends

Muskoka Landing News

Resident and Family Council News

Nursing News

Family Council Update/ Town Hall News

Environmental Services News

Upcoming Events

Resident Family Service Update

Good News Stories

Nutritional News

Director's Message

Social News

Jarlette Health Services News





Muskoka Landing Newsletter

May 2024



Administrator's Message



Muskoka Landing News

April 24th was Administrative Professionals Day. We celebrate Janet and thank her for all the help she provides us everyday. Janet answers every phone call with a welcoming voice and kindly directs visitors to where they are trying to go. She also helps staff with payroll questions and residents with payment concerns.

Thank you for all you do Janet!



Nursing News

Exciting news for May!

Dr. Hilary Klassen will be offering a Spasticity Clinic at Muskoka Landing starting in May. This is exciting news for our residents.

Our Nursing Team will be reaching out in the very near future to discuss the clinic with residents and family members, please feel free to reach out to Shandel at ext 4004 if you have any questions or concerns. Stay tuned for more information!

Thank you to our residents and family members for your continued support!

Shandel Dilts RN, BScN,
Director of Care

Environmental Services News

A friendly reminder that you must speak to Tammy Antaya prior to bringing in any electrical appliance (hair dryer, fan, heater etc.)

These items must be checked by Environmental Services and meet our policy requirements prior to entry into the home.

Tammy can be reach at 705-788-7713 ext 4007 or tantaya@jarlette.com with any questions

Resident and Family Services News

If you are interested in joining our Family Council or Cultural Diversity Committee, we would love to have you come aboard.

Our next Culture Cafe will be held on Friday, April 26th at 10:30 in the Large Activity Room. Our staff will be talking about her Country of Origin, Africa.

Family Council is sponsoring our Spring Speaker, Jane Wieland from Huntsville Hospice who will present on grief and loss. A provision of resources to help us all on this journey. All are welcome!

Spring Cleaning Time! If on your visit to the facility, please remove any resident clothing that they no longer wear. A time to bring in Spring and take out Winter.

Contact information: Tammy Antaya -705-788-7713 ext 4007 or tantaya@jarlette.com



Nutritional News

May

In Season...

Apricots, Bananas, Broccoli, Cabbage, Green Beans, Honeydew Melon, Lettuce, Mangos, Mushrooms, Onions and Leeks, Peas, Pineapple, Rhubarb, Spinach, Strawberries

A diet rich in vegetables and fruits can lower blood pressure, reduce the risk of heart disease and stroke, prevent some types of cancer, lower risk of eye and digestive problems, and have a positive effect upon blood sugar, which can help keep appetite in check.



Social News

We are excited to tell you that Muskoka Landing LTC and Retirement Lodge are participating in the IG Wealth Management Walk for Alzheimer's to support the Alzheimer Society. We will have our own walk starting from the Long Term Care Home front doors on May 24th at 2:00pm. All are invited to join us on the walk.

Please help us reach our goal by making a secure online donation through my Walk fundraising page:
https://support.alzheimer.ca/site/TR?team_id=27881&pg=team&fr_id=4910. Or create your own participation profile and join our Muskoka Landing Team.

Right now, more than half a million Canadians are living with dementia. By 2031, this number will increase to nearly a million. Your donation will help fund the growing demand for programs and services offered through the Alzheimer Society. These services make all the difference in the way that people affected by dementia are able to manage the disease and live life to the fullest.



Social News

We would like to wish a very happy birthday to everyone who celebrated their birthday in April!

- Garry- April 03
- Peter- April 09
- Pat- April 11
- Fred- April 16
- John- April 23
- Norm- April 26
- Jackie- April 27



Social News

April was National Volunteer month! Thank you to the wonderful volunteers we have here at Muskoka Landing

We are always looking for more students and Volunteers to help around the home. We have a wide variety of volunteer roles and would love to help create one based on your interests!

If you are interested please contact Riley Comish at rcomish@jarlette.com

Remembering and Recognizing Friends

Grant

Grant was a man of few words who really enjoyed solitary activities. He was married to Deborah for 35 years and had 2 children Anita and Glen. Prior to retirement Grant was a stonemason. He enjoyed fishing, cooking, travelling, and watching TV. He will be missed by his family and those on both HA 1 & 2.



Remembering and Recognizing Friends

Greg

Greg was born in Huntsville. He loved hockey, especially the Huntsville Otters; hardly missing a home game. His weekly activities included swimming, shuffleboard, and Tim's coffee. Greg was very social, he greeted everyone visiting home area two and enjoyed telling others about his daily activities. He was compassionate for others around him and looked out for the other residents. He will be missed by his sister Ellen, friends at all his activities, and his Muskoka Landing family.



Remembering and Recognizing Friends

Gwendoline

Gwen was a fun loving woman who loved her family above all. Gwen was a compassionate person, voicing concern for others when able. She enjoyed music, creativity and especially art. She lived a long and happy life (101 years). She was loved by her family and staff and will be missed by her children and grandchildren as well as staff and residents at Muskoka Landing.



Resident Council News

The Residents' Council meeting will be held on the third Thursday of each month in the Large Activity Room at 2:00pm. Minutes from last month's meeting can be found on the Residents' Council board by the front office. All Residents are a part of Residents' Council and are invited to attend all meetings. Contact Riley Comish with any questions.



Residents' Rights

1. Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's inherent dignity, worth and individuality, regardless of their race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status or disability.
2. Every resident has the right to have their lifestyle and choices respected.
3. Every resident has the right to have their participation in decision-making respected.

Family Council Update/ Town Hall News



We are looking for new Family Council members. We meet the third Monday monthly from 2:00-3:00 in person. An opportunity to meet others, support, learning opportunities and work together to provide quality care for our residents. Please talk to me if you have any questions. The more the merrier! I can be reached at 705-788-7713 ext 4007. We have a new Family Council brochure located outside the RFSC office on the main floor.

Family Council Chair and Committee are attempting to receive a District of Municipality grant called Pay It Forward to help the residents celebrate the diversity of our culture within the home. Stay tuned for more information

Family Town hall meetings will be starting up again in April! Our first one was April 11 and information about the next meeting in June will be sent out shortly. The Purpose of Town Halls is to provide updates and information to families and create a discussion on quality improvement initiatives in the home.

We hope to see you at the next town hall!



Town Hall Meeting

Upcoming Events

- Nurses Week: May 6-12th
- PSW Day: May 19th
- Walk for Alzheimer's: May 24th at 2:00pm
 - We are raising money to help fund the growing demand for programs and services offered through the Alzheimer Society. These services make all the difference in the way that people affected by dementia are able to manage the disease and live life to the fullest
- Family town hall: June 2024

UPCOMING EVENTS



Let's stay connected!

www.facebook.com/JarletteHealthServices/

@jarlettehealthservices

www.jarlette.com

16

Good News Stories

If you were out and about at the Huntsville Job Fair on April 4, you may have met our friends Prateek and Sasha! They were there to share that Muskoka Landing is actively looking for new team members to join them.

You can find these job postings on our careers website at www.jarlette.com. You are more than your job title to us, so why not introduce yourself?



Director's Message

Dear Residents, Families, Staff and Friends,

The Ministry of Long-Term Care has announced new regulatory changes, effective May 1st and July 1st. These amendments are designed to increase staffing flexibility, clarify air conditioning requirements, and end certain pandemic-related provisions.

The key changes include:

- Changes to staffing qualifications and air conditioning regulations become effective on May 1.
- The current flexibility in 24/7 nursing requirements due to the pandemic emergencies will end on July 1.
- The flexibility allowing homes to hire PSWs or those providing personal support services with necessary skills, despite missing some qualifications, is extended until July 1, 2025.
- Broadening the definition of “emergency” as it relates to the visitor policy effective July 1, 2024. A key learning from the COVID-19 pandemic is the critical need to ensure continued access to visitors. Section 267 (4) is amended by adding the following definition of when a home may close to visitors: *imminent threat to the health or well-being of residents and others attending the home that requires immediate action to ensure the safety of persons in the home.*

If you have any questions about these regulatory changes, please feel free to reach out to your home's administrator to directly chat about what they mean, or any other matter!

(Continued...)

Director's Message

May 12th holds great significance as it is Florence Nightingale's 204th birthday and International Nurses Day! This is a very special day as we celebrate the healing hands, caring hearts, comforting words, and brilliant minds of nurses as they support care in all countries in the world. I would like to personally say thank you to our staff for their committed service and making life better for residents.

In fact, our organization is very much nurse-led. Not only do nurses work in providing direct care to residents in our long-term care homes, but they also represent a major part of our organization's leadership. Even our president, David Jarlette, is a nurse! More than ever, we recognize the importance of nurses to every aspect of our health – physical, emotional, mental, social – and to greater societal good. Please take a moment to thank the very special nurses who work in your home!

Finally, there is a Ministry of Long-Term Care requirement to notify Home and Community Care of a bed vacancy following a discharge from the Home. While at times this can seem rather quick for families following the death of a loved one, this requirement is meant to ensure that another individual in urgent need of care receives it as soon as possible. We are happy to assist you with clearing out a resident room if needed. Please consider this in your planning and note that we have limited storage and are unable to store personal belongings longer than a few days if necessary.

Happy Spring to all and looking forward to warmer weather and an opportunity to get outside and enjoy our beautiful patios and gardens.

Kind regards,

Jill Knowlton, Director of Long-Term Care Operations

Jarlette Health Services News

The month of May is recognized for many reasons, in addition to the ever warmer sunshine, budding trees and blooming spring flowers. It is National Caregivers Month and also a time to show special appreciation for the people who make a literally life changing difference in our lives: mothers! Happy Mother's Day on Sunday, May 12th!

It is also a month during which our family of long-term care and retirement communities celebrates some of our most *nurturing* professional team members, such as nurses, personal support workers and personal support assistants. Be sure to thank them for their passion and dedication to our residents when you see them in your home!

In many regards, our homes and lodges are nurse-led. Many of our administrators and general managers come from nursing backgrounds and nurses are found in our ranks from the frontline to the highest management levels, including our organization's president.

Thank you to each of them for making such a great difference in our lives. When you encounter them in your community, please take a moment to thank them personally!



Let's stay connected!

www.facebook.com/JarletteHealthServices/

@jarlettehealthservices

www.jarlette.com 20