

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021



1
P.M Games Galore
P.M Mental Aerobics

May Day

2
A.M Spiritual Service
P.M Crafting

3
A.M Spiritual Services
P.M Mental Aerobics

4
P.M Reminiscing
P.M Bingo
A.M Bingo
P.M Video Chat

5
1:15 Zumba Gold with Marifa
2:00 Cinco de Mayo Celebration with David
A.M Fun & Fitness
2:00 Cinco de Mayo Celebration with David

6
P.M Birthday Party
P.M Video Chats
A.M Birthday Party
P.M Crafting

7
P.M Games Galore
P.M Covid 19 Information Session

8
A.M 1 to 1 visits
P.M Covid 19 Information Session

9
A.M Spiritual Services
P.M Mother's Day Celebration

Mother's Day

10
P.M Spiritual Service
P.M Mother's Day celebration

11
P.M Reminiscing
P.M Manicures
P.M Bingo
P.M Video Chat

12
P.M Bingo
2:00 Fun & Fitness
P.M Reminiscing
P.M Fun & Fitness

13
P.M 1 to 1 visits
P.M Video Chats
P.M Musical Notes
P.M Crafting

14
P.M Games Galore
P.M Mental Aerobics
P.M 1 to 1 visits
P.M Games Galore

15
Please ask a staff member for supplies and activities

Armed Forces Day

16
Please ask a staff member for supplies and activities

Shavuot Begins

17
P.M Spiritual Service
P.M Crafting
A.M Spiritual Services
P.M Mental Aerobics

18
P.M Reminiscing
P.M Manicures
A.M Bingo
P.M Video Chat

19
P.M Bingo
2:00 Fun & Fitness
A.M Reminiscing
2:00 Zumba Gold with Marifa

20
P.M 1 to 1 visits
P.M Video Chats
A.M Musical Notes
P.M Crafting

21
A.M 1 to 1 visits
P.M Games Galore

National Pizza Day

22
A.M Games Galore
P.M Mental Aerobics

23
A.M Spiritual Service
P.M Crafting

24

Victoria Day (Canada)

25
P.M Reminiscing
P.M Manicures
P.M Bingo
P.M Video Chat

26
P.M Bingo
2:00 Fun & Fitness
P.M Reminiscing
P.M Fun & Fitness

27
P.M 1 to 1 visits
P.M Video Chats
P.M Musical Notes
P.M Crafting

28
P.M Games Galore
P.M Covid 19 Information Session

29
A.M 1 to 1 visits
P.M Games Galore

30
A.M Spiritual Service
P.M Mental Aerobics

31
P.M Spiritual Service
P.M Crafting

National Macaroon Day

Memorial Day

April Showers Brings May Flowers
Selected programs will take place outdoors if weather permits.
Spiritual Services provided weekly by Richard Beaudoin

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021



A.M Spiritual Services 2
P.M Exercises

A.M Crafting Corner 3
P.M Trivia
P.M Spiritual Services
P.M Crafting Corner

A.M Reminiscing 4
P.M Manicures
P.M Virtual travelling
P.M 1 to 1 Virtual Co-op
P.M Musical Notes
P.M Video Chat

A.M 1 to 1 visits 5
1:15 Fun & Fitness
2:00 Cinco de Mayo celebration with David
A.M Mental Aerobics
2:00 Cinco de Mayo celebration with David

A.M Mental Aerobics 6
P.M Birthday Party
P.M Manicures
P.M 1 to 1 Virtual co-op
P.M Birthday Party
P.M Video Chat

A.M Covid 19 information session 7
P.M Video Chats
P.M Virtual program
P.M 1 to 1 virtual co-op

A.M Active Games 8
P.M Manicures

May Day

A.M Spiritual Services 9
P.M Mother's Day Celebration

A.M Spiritual Services 10
P.M Mother's Day Celebration
P.M 1 to 1 Virtual Co-op
P.M Exercise

A.M Reminiscing 11
P.M Manicures
P.M Virtual travelling
P.M 1 to 1 Virtual Co-op
A.M Musical Notes
P.M Video Chat

A.M 1 to 1 visits 12
2:00 Zumba gold with Marifa
P.M Crafting Corner
P.M 1 to 1 Virtual Co-op
A.M Mental Aerobics
P.M Fun & Fitness

A.M Mental Aerobics 13
P.M Seated Yoga
P.M Manicures
P.M 1 to 1 Virtual co-op
A.M Covid 19 Information Session
P.M Video Chat

A.M Virtual Concert 14
P.M 1 to 1 Virtual co-op
A.M Active Games
P.M Manicures

A.M Flash Mob 15
P.M Video Chat
A.M Active Games
P.M Manicures

Mother's Day

Armed Forces Day

A.M Spiritual Services 16
P.M Crafting Corner

A.M 1 to 1 Virtual Co-op 17
P.M Exercise
P.M Spiritual Services
P.M Crafting Corner

A.M Reminiscing 18
P.M Manicures
P.M Virtual travelling
P.M 1 to 1 Virtual Co-op
A.M Musical Notes
P.M Video Chat

A.M 1 to 1 visits 19
2:00 Fun & Fitness
P.M Crafting Corner
P.M 1 to 1 Virtual Co-op
A.M Mental Aerobics
P.M Fun & Fitness

A.M Mental Aerobics 20
P.M Seated Yoga
P.M Manicures
P.M 1 to 1 Virtual co-op
A.M Flash Mob
P.M Video Chat

A.M Flash Mob 21
P.M Video Chats
A.M Active Games
P.M Manicures
National Pizza Day

A.M Virtual Program 22
P.M Crafting Corner
A.M Active Games
P.M Manicures

Shavuot Begins

A.M Spiritual Services 23
P.M Exercises

A.M Trivia 24
P.M Crafting Corner
P.M Spiritual Services
P.M Crafting Corner

A.M Reminiscing 25
P.M Manicures
P.M Virtual travelling
P.M 1 to 1 Virtual Co-op
A.M Musical Notes
P.M Video Chat

A.M 1 to 1 visits 26
2:00 Fun & Fitness
P.M Crafting Corner
P.M 1 to 1 Virtual Co-op
A.M Mental Aerobics
2:00 Zumba Gold with Marifa

A.M Mental Aerobics 27
P.M Seated Yoga
P.M Manicures
P.M 1 to 1 Virtual co-op
A.M Flash Mob
P.M Video Chat

A.M Flash Mob 28
P.M Video Chats
A.M Virtual Concert
P.M 1 to 1 Virtual co-op

A.M Active Games 29
P.M Manicures

Victoria Day (Canada)

A.M Spiritual Services 30
P.M Crafting Corner

A.M Spiritual Services 31
P.M Crafting Corner
P.M 1 to 1 Virtual Co-op
P.M Exercise
National Macaroon Day
Memorial Day

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