

# AVALON ADVISOR

## MARCH AT A GLANCE



**Celebrating 50 years  
of Service!**





## April Birthday's

Happy Birthday to those celebrating in the month of April!

Our Birthday party will be postponed until further notice ☹️

## Wacky Wordies



### Easter Word Search



V	U	D	Q	N	B	S	N	A	E	B	Y	L	L	E	J	Z	N
W	R	O	W	P	F	L	J	H	W	A	H	X	E	U	G	E	K
F	B	U	N	N	Y	A	D	E	Z	M	C	D	T	R	P	P	C
L	C	Q	K	K	B	M	A	K	F	A	F	R	A	A	M	V	B
C	M	K	R	O	O	B	A	F	X	L	F	Y	L	B	R	T	C
H	F	F	C	M	N	S	I	R	I	H	N	T	O	B	Y	O	D
I	S	I	H	C	N	E	R	F	B	V	W	J	C	I	U	I	Y
C	D	D	G	Y	E	I	E	O	U	A	J	G	O	T	E	R	E
K	X	Y	M	E	T	P	S	N	M	E	P	S	H	G	T	I	X
S	T	T	H	S	S	Y	E	G	G	S	K	H	C	W	Y	R	E
L	E	J	G	G	B	W	H	T	N	I	C	A	Y	H	K	T	C
I	K	V	D	N	G	M	C	J	U	G	U	U	K	N	S	Z	Z
D	S	Y	M	I	E	V	X	S	A	O	E	G	N	I	R	P	S
O	A	H	I	L	W	F	B	T	O	B	T	J	D	G	B	E	D
F	B	W	X	K	E	R	X	C	D	N	I	Q	K	M	L	Z	X
F	N	B	I	C	E	A	S	T	E	R	E	G	G	Y	F	C	L
A	G	B	F	U	W	Z	N	D	Q	S	I	Z	Q	N	O	Q	A
D	R	Q	Z	D	I	I	A	O	F	F	U	N	X	G	J	I	G



BUNNY  
DUCKLINGS  
BONNET  
BASKET  
CHICKS



DAFFODILS  
EASTEREGG  
HYACINTH  
SPRING  
EGGS



LAMBS  
IRIS  
JELLYBEANS  
RABBIT  
CHOCOLATE



myunentitledlife.com

## Words from Wellness

### Symptoms of Covid:

new or worsening cough, shortness of breath/difficulty breathing, feeling feverish, chills, muscle or body aches, fatigue, weakness, or feeling very unwell, new loss of smell or taste, headache, gastrointestinal symptoms like abdominal pain, diarrhea, or vomiting

If experiencing any of these symptoms please stay in your room and pull call bell to report to wellness staff.

## Advice from Admin...

Warmer weather is coming please make sure you have hats, sunscreen, sun glasses and seasonal clothing for outdoors.

Everyone should have received their Tax Receipts, if you haven't please call me. Barb 519-941-3351 Ext 260.

## Reminder from Recreation



**As you may have already heard, I am leaving the position of Recreation Coordinator at the Avalon Retirement Lodge. I wanted to take a moment to let you know how much I have enjoyed my time here! You all played a big part in my day to day life and have created memories that will last forever. I will miss every one of you and look forward to when I can come back to visit! I wish everyone the best and I will see you all soon!!**

## Note from General Manager

Please remember essential outings only and be sure to wear your mask at all times when out.

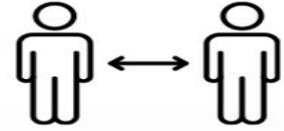
# REMEMBER THE "3 W'S"



**WEAR** A MASK



**WASH** YOUR HANDS



**WATCH** YOUR DISTANCE