

Roberta Review



Updates

Firstly, we would like to thank you for being so patient and understanding during this time. We know that this is a stressful and anxious time for many. With support and guidance from our governing powers, we have put many new actions into place. Please know that everything we have done is with your best interest in mind. There have been many changes, and many updates lately, and we have been doing our best to get them out to you, as they have come to us. This newsletter will outline our current changes. With new updates, we plan to deliver them to each resident's door. Remember that we are always here to support you, especially during this difficult time.

A reminder that these are all precautionary measures, to ensure we are all staying healthy. We do not currently have any cases of COVID-19 (Coronavirus) at Roberta Place. We are doing our part to keep things this way; we ask that you do yours by being understanding and respecting the measures we have put in place for your safety.

Roberta Place Team

Sales Coordinator

We would like to welcome Katherine Stanton to the Roberta Place family! Katherine is our new Sales Coordinator. Please help us in welcoming Katherine to our home. You will find Katherine located on the Main Floor, in the Recreation Office at Fatima's desk. A message from Katherine: "I would like to take this opportunity to introduce myself as your new Sales Coordinator at Roberta Place Retirement Lodge. In addition to a sales background, I have also worked for the Ministry of Health as a 911 Dispatcher and Better Living Health & Community Services as an event coordinator in their hospice division. Working in senior living has been a passion of mine, and I am so excited to be part of the Roberta Place family! Now more than ever is the time to create small moments of happiness in our days. I look forward to meeting each of you!"

Administrative Assistant

You may be asking, "Where is Fatima?". Fatima is still a big part of the Roberta Place family as our Administrative Assistant. She is currently working from home for the time being. If you need her assistance, Fatima is available by phone at 705-770-4464 or email at felamad@jarlette.com.

Housekeeping

Welcome to Shandi Becker to our daytime housekeeping team. Shandi will be doing more of our building cleaning to help maintain a clean and safe environment for everyone.

Leaving The Building

Early last week Ontario's Chief Medical Officer released a directive stating that residents of retirement communities are not permitted to leave the home for short visits (including visiting family). At this time residents can still leave the building to walk about the property (while practicing safe social distancing), but it is highly discouraged to do so. We also have a tuck shop located in the Recreation Office on the main floor, which carries a selection of items for your convenience.

Tray Service

In recent discussion with Public Health and Jarlette Health Services, we are going to be going to tray service for all residents this week. We are simply not able to provide enough social distancing (6 feet) in our dining room. Residents are **not** confined to your rooms, we are not in isolation, and we currently do not have COVID-19 at Roberta Place. These are just precautionary measures in order to keep people apart from one another.

Orders for tray service will be taken 3-4 days at a time. You will receive a call from us to have this order taken. We will start by serving the 1st Floor, and making our way up floor by floor. Breakfast should arrive between 8-9AM; Lunch should arrive between 11:30-1:30PM; Dinner should arrive between 4:30-6:30PM. Please utilize the bistro for any snack needs.



April 2020

Social Distancing & Gathering Limitations

The Government of Canada has recommended that citizens practice safe social distancing. This means we keep approximately 6 ft of space between one another, not touch one another, or share items. Please do your best to keep that distance, both for your safety and others. Please continue to regularly wash your hands, avoid touching your face, and sneeze/cough into your elbow, rather than your hands.

This past weekend, the Government of Ontario has stated that we must not have gatherings larger than 5 people. We will see changes to our common spaces, and activities:

Common Spaces

To keep us all safe, we have moved furniture around in the lodge's common spaces, to ensure we are keeping one another at a distance. Seating has been placed approximately 6ft away from one another. Please try to sit in the seating provided. We will be discouraging residents from moving chairs, or sitting on walkers, to ensure everyone is keeping 6ft apart. We will be expanding our sitting areas to the dining room, and creating lounge space in this area during this time.

Activities

Many of our regular activities have had to be cancelled for the time being. This includes any games which require close contact, sharing of items, or have gatherings of larger than 4-5 people (depending if there is a staff member running the activity). This means our evening programs are cancelled for the time being, due to these being gatherings of larger than 5 people. Unfortunately we may have to turn away residents if we reach our limit, but highly encourage you to come out. I will strive to create fun programs that we can enjoy from a distance at this time. If the activity is on the calendar it is still happening.

Recreation Department

In addition to the changes noted in the “**Social Distancing & Gathering Limitations**”, there are a few other changes coming to activities that I want to make you aware of.

Simcoe Room

Due to dining room changes, we have moved the billiards table to the 4th floor Simcoe Room. This will be it’s new home for the foreseeable future. I encourage you to take up a game or two.

In order to make the Simcoe Room a more cohesive space, the decision has been made to make this room our new activity room. Envision the 4th floor Simcoe Room becoming a warm and inviting nook for games, crafting, baking, exercises, and all around fun. Look forward to the summer when we can enjoy treats on the patio that we’ve baked in the kitchen. Please note that this means a change in location of activities on the Calendar.



Connecting with Family

We are excited to share two new ways you can visit with your family during this time. Our first way is through Window Visits. Family members are not allowed into the building during this time, and so we've had to get creative. We have designated a room on our main floor for these visits. We have set up a cozy spot for residents inside the lodge, and a cozy spot for family members to sit outside the lodge. Using walkie talkies, you will be able to visit and talk with your family through the window.

Our second way to visit is through Video Calls. Roberta Place has a tablet designated to video calls for residents and their family members. Ellen will assist with getting you connected.

Both visits and calls must be arranged with Ellen in advance. We ask that those residents who are on the first floor book visits through Ellen as well. Please see Ellen in the Recreation Office on the Main Floor for details.

Birthday Celebrations

This month we want to wish a very happy birthday to:

Lise E. - April 4th

Margie A. - April 9th

Mary M. - April 10th

Phil M. - April 10th

Bil W. - April 15th

Ross P. - April 15th

Ina B. - April 17th

Alex A. - April 20th

Helen C. - April 25th

Richard P. - April 26th

Bessie D. - April 30th

