







March 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Hair Dresser 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(Lg DRm) - Bingo 2:00 pm—(LL) - Volunteer Meeting 3:30 pm—Walking Program	3 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(LL) - Music	4 Hair Dresser 10:00 am—(SmL) - Theraband & Ball Therapy 2:00 pm—(LL) - Worship Service 3:30 pm—Walking Program 7:00pm- (Lg DRm) - Food Bingo	5 10:00am—(LL) - Falls Prevention Level 2 2:00 pm— Welcome Committee Mtg	6 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 2:00 pm—(LL) - World Day of Prayer 3:30 pm—Walking Program	7 10:00 am—Magical Paws visit
8 10:30 am—Loading bus for Spring Bay Church Turn Clocks ahead 	9 Hair Dresser 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(Lg DRm) - Bingo 3:30 pm—Walking Program	10 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(LL) - Music	11 Hair Dresser 10:00 am—(SmL) - Theraband & Ball Therapy 2:00 pm—(LL) - Worship Service 3:30 pm—Walking Program 7:00pm- (Lg DRm) - Food Bingo	12 10:00am—(LL) - Falls Prevention Level 2 2:00 pm—(LL) - Games	13 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 2:00 pm—(LL) - Decorate for St Patrick's Day 3:30 pm—Walking Program	14 10:00 am—Magical Paws visit
15 10:30 am—Loading bus for Gore Bay Church 2:00 pm (LgDRm) - St Patty's Tea 	16 Hair Dresser 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(Lg DRm) - Bingo 3:30 pm—Walking Program	17 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(LL) - St Patrick's Party Happy St Patrick's day 	18 Hair Dresser 10:00 am—(SmL) - Theraband & Ball Therapy 2:00 pm—(LL) - Worship Service 7:00 pm—(Lg DRm) - Food Bingo	19 10:00am—(LL) - Falls Prevention Level 2 2:00 pm (LL) - Music 3:30 pm—Walking Program First Day of Spring	20 8:30 pm— (LL) - Men's Breakfast 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 11:00 am—(LL) - Resident Council Mtg	21 10:00 am—Magical Paws visit
22 10:00 am—Loading bus for Silverwater Church 1:30 pm—Anglican Worship Service	23 Hair Dresser 10:00am—(LL) - Falls Prevention Level 1 2:00 pm (Lg DRm) - Bingo 3:30 pm—Walking Program	24 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(LL) - Music	25 Hair Dresser 10:00 am—(SmL) - Theraband & Ball Therapy 2:00 pm—(LL) - Worship Service 3:30 pm—Walking Program 7:00 pm—(LgDRm) - Food Bingo	26 10:00am—(LL) - Falls Prevention Level 2 11:00 am—(LL) - Quality Council Mtg 2:00 pm—(LL) - Making Pies 3:30 pm Family Matters 3:30 pm—Walking Program	27 8:00 am—(LL) - Ladies Breakfast 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 2:00 pm LL) - Supper Club 3:30 pm—Walking Program	28 10:00 am—Magical Paws visit
29	30 Hair Dresser 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(Lg DRm) - Bingo 3:30 pm—Walking Program	31 10:00am—(LL) - Falls Prevention Level 1 2:00 pm—(LL) - Birthday Tea—Music 		<u>TV Times</u> Sunday -Sports # 28 Monday—Music #49 Tuesday—Baseball #28 Wednesday—Wheel of Fortune #3 Thursday—Finals #3 Friday—Movie Night—# 25 Saturday—Sports #28 own	LL—Large Lounge Lg DRm—Large Dining Room Sm DRm—Small Dining Room RC Rm—Restorative Care Room SmL—Small Lounge Res Rm—Resident Room	30 Winnie The dog visits—Tuesday 10:30 am