



# March 2020 Temiskaming Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Balloon Ball 1:00 Music DVD 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 2:45 JAVA Memory Club *DementiAbility Programs throughout the day.* 1	10:00 Exercise Class - Stay Fit 10:30 JW Bible 11:15 Reading Group 2:30 Bingo 4:00 Bean Bag Toss 6:15 Hot Wax Therapy 2	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 1:30 Nail Care 1:45 Casino Day 6:30 LCR Dice Game** 3	10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 10:30 Bread Making 11:30 Out for Lunch 2:30 Bingo 6:30 Euchre** 6:30 Movie Night 4	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 10:30 Newspaper Club 2:30 Cards 6:00-8:00 pm French TV 5	10:30 Bingo 2:00 R.C. Church 2:15 Front Porch Travels Baking 2:30 Pastoral Visits 3:00 Exercise Class -Stay Fit 6:30 LCR Dice Game** 6	1:00 Ring Toss 2:30 Front Porch Travels 6:30 Monster Bingo 7
1:30 Music DVD 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 3:00 JAVA Baking 6:30 JAVA Music Club *DementiAbility Programs throughout the day.* 8	10:00 Exercise Class - Stay Fit 10:30 JW Bible 11:15 Bean Bag Toss 2:30 Bingo 3:00 Pet Therapy 4:00 Let's Read Together 6:15 Hot Wax Therapy 9	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 10:30 Activity Lunch 1:30 Nail Care 2:00 Entertainment with the Ducharme's 6:30 LCR Dice Game** 10	10:00 Wal-Mart 10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 2:00 Resident Birthday Party with Golden Memories 6:30 Euchre** 11	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 10:30 Crafters Cove 1:30 Resident Council 2:30 Cards 6:15 Spa Evening 6:00-8:00 pm French TV 12	9:30 Library 10:30 Bingo 2:00 R.C. Church 2:30 Pastoral Visits 3:00 Exercise Class -Stay Fit 6:30 LCR Dice Game** 13	10:30 Ring Toss 2:30 Bingo 3:30 Humour Therapy- Movie 14
10:00 Balloon Ball 1:00 Music DVD 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 2:45 JAVA Memory Club *DementiAbility Programs throughout the day.* 15	10:00 Exercise Class - Stay Fit 10:45 Tai Chi 10:30 JW Bible 11:15 Let's Read 2:30 Bingo 4:00 Bean Bag Toss 6:15 Hot Wax Therapy 16	10:00 St. Patrick's Day Party with Overtones 1:30 Nail Care 2:30 Cards 3:30 Exercise Class -Stay Fit 6:30 LCR Dice Game** 17	10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 1:15 Mindful Painting 2:30 Bingo 6:30 Euchre** 18	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 10:30 Newspaper Club 1:15 Mindful Painting 2:30 Cards 6:00-8:00 pm French TV 19	10:30 Bingo 2:00 R.C. Church 2:30 Pastoral Visits 3:00 Exercise Class -Stay Fit 6:30 LCR Dice Game** 20	1:00 Humor Therapy- Jokes 2:00 Entertainment with Linda Henry 6:30 Bingo 21

Activities with \*\* beside them indicate they are Resident Led Event or Club (REC)

DementiAbility Programs include laminating, folding, shredding, sorting, colouring, cutting, pasting, decoration making etc.  
 Calendar is subject to change. Please check the Activity Board for more information or updates.



# March 2020 Temiskaming Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:30 Music DVD 2:00 Church Service Interdenominational <b>2:00 Entertainment            with Dan and Friends</b> 2:30 LCR Dice Game** <b>3:30 JAVA Baking            Club</b> 6:30 JAVA Music Club *DementiAbility Programs throughout the day.*  22	<b>10:00 Exercise            Class -Stay Fit</b> 10:30 JW Bible 11:15 Reading Group 2:30 Bingo 3:00 Pet Therapy 4:00 Bean Bag Toss <b>6:15 Hot Wax            Therapy</b>  23	<b>10:00 Wal-Mart</b> <b>10:00 Exercise Class            -Stay Fit</b> <b>10:45 Tai Chi</b> 1:30 Nail Care <b>2:00 Entertainment            with Unison</b> 6:30 LCR Dice Game**  24	<b>8:30 Breakfast Club</b> <b>10:00 Exercise Class            -Stay Fit</b> <b>10:45 Exercise Class            -Get Fit</b> 11:15 Trivia 2:30 Bingo <b>6:15 Spa Evening</b> 6:30 Euchre**  25	<b>10:00 Exercise Class            -Stay Fit</b> <b>10:45 Tai Chi</b> 11:15 Claybelt Chronicles 2:30 Cards 6:00-8:00 pm French TV  26	<b>10:30 Timiskaming            Child Care Visit</b> 10:30 Bingo 2:00 R.C. Church 2:30 Pastoral Visits <b>3:00 Exercise Class            -Stay Fit</b> 6:30 LCR Dice Game**  27	1:00 Ring Toss  2:30 Front Porch Travels  6:30 Bingo  28
10:00 Balloon Ball 1:00 Music DVD 2:00 Church Service Interdenominational 2:30 LCR Dice Game** <b>2:45 JAVA Memory            Club</b> *DementiAbility Programs throughout the day.*  29	<b>10:00 Exercise            Class - Stay Fit</b> 10:30 JW Bible 11:15 Bean Bag Toss 2:30 Bingo 4:00 Let's Read Together <b>6:15 Hot Wax            Therapy</b>  30	<b>10:00 Spa Day</b> <b>10:00 Exercise Class            -Stay Fit</b> <b>10:45 Tai Chi</b> 1:30 Nail Care 2:30 Cards 6:30 LCR Dice Game**  31			We have activities available in the dining room to keep you busy while you wait for your meals.  	

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