



Temiskaming Lodge Flyer



ADMINISTRATOR’S UPDATE – Francine Gosselin

Redevelopment Project

On Wednesday, May 15th, there was a meeting organized by the Ministry of Health and Long Term Care at the Dymond Community Hall. There was minimum attendance. Despite this, the feedback was quite positive as people are looking forward to having a modernized Long-Term Care Home in the community. After the Ministry explained the licensing process, we were given an opportunity to speak for a few minutes. Information was given related to proposed plans. Note that, after feedback received at the December public meetings and, with the completion of additional construction and design research, the redeveloped Temiskaming Lodge will take shape in a 2-story building. We now have new renderings on site for anyone that wishes to view these. The next steps involve waiting for approval for the Consent and Zoning Bylaw Amendment to the municipality.



Chaplain Services

I would like to share with all that Pastor George Paraskevopoulos has resigned from his chaplain position as of March 2019. He had been providing this service at Temiskaming Lodge for the past 4 years and we wish to thank him for his commitment towards meeting our residents’ social and spiritual needs. We will continue to see him at the Home as he will continue his volunteer work through his church for worship services.

Replacing him as of the week of May 13th is Reverend Fred Knutson. He holds a Bachelor of Arts with a major in Religion from Bishops University in Sherbrooke and he also has a Master of Divinity from the McMaster Divinity College in Hamilton. Reverend Knutson was the first hired chaplain at Temiskaming Lodge a number of years ago and he has been quite active in the community since 1990, doing visitations and worship services at both long-term care Homes and the retirement home. Other community engagements include involvement through the Ministerial Association, participation in memorial services at the health care facilities and at the Remembrance Day services. Welcome back to the Team!

Air Conditioner Units

As part of our air conditioner program, if anyone wishes to have an air conditioner in his/her loved one’s room, please advise the Administrative Assistant or myself. The cost to have an air conditioner unit in a room is \$368.00 per season (May 15th to September 15th) or a monthly rate of \$105.00. Our maintenance person installs it and it is verified regularly during the summer months. If there are more than one resident in the room, there needs to be consent obtained from the roommate(s) prior to the contract being completed.

If this is not required, you are encouraged to bring in a floor or desk fan for your loved one. As a reminder, please advise the front desk when this is brought in as maintenance needs to verify all electrical equipment and this is catalogued. When the fan is removed from the room, we would also appreciate it if you could communicate this to the front desk.





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DOC UPDATE

We have been busy here in the nursing department as we have hired several new nursing students who will be working as part of our PSW team this summer. We are so very happy to have them. As well, we are hosting a Temiskaming District Secondary School co-op student until June.

As part of our partnership with the high school, we offer for them to do coop placements here. This entails them being able to work along with our team and see what the different departments do.

This is ongoing and we offer this throughout the school year for whomever is interested. It is great for the students to actually see what happens within the facility and experience what it has to offer as this may lead to them becoming future employees.

We will be sending some of our team members to the Muskoka area on May 22 to learn about our continence products and how they best fit our residents' needs. This process is essential for our residents as it promotes comfort and dignity.

Other areas that we ensure are monitored closely especially going into what potentially might be the hot weather season, is that our

residents are drinking enough. It is important to remind them to drink and each resident has a set goal that we strive to accomplish for adequate hydration.

We are so excited to be move into the summer months.

Everyone enjoy the weather!

Marilea Ross, Director of Care

EMERGENCY CODE REVIEW

I would like to take this opportunity to review the emergency procedures that we practice over the year.

There is a schedule which is followed and one of the Codes are reviewed each month when the monthly fire drill takes place with the staff on each shift.

I would like to remind you all that during the months of June and July we will be practicing the Code Green which is Evacuation.

We will perform an evacuation of a unit on all shifts, utilizing our minimal staffing levels to ensure that we are prepared for this.

The residents in the affected unit will be asked to vacate the unit if they are ambulatory, will be portered out by staff if they are in wheelchairs and may be removed while in their beds if they are

resting and unable to be transferred by other means. This exercise is timed for the purpose of ensuring we are able to evacuate the affected unit safely and within the proper time restrictions.

The Temiskaming Shores Fire Department will be attending one of the evacuations to monitor the staff and assess our process to ensure we are performing adequately, to ensure the safety of all involved.

We thank you for your cooperation during these drills.

Incident	Code
Fire	Red
Medical Emergency	Blue
Community Emergency	Orange
Evacuation	Green
Missing Resident	Yellow
Bomb Threat/Search	Black
Shutdown/Air Emergency	Grey
Violence	White



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HYDRATION



If you are visiting with your family member and you provide them with a drink, please be sure to let a staff member know so that we can document the amount of fluid they drank. Keeping hydrated is very important in the elderly. Also, if you could encourage your family member to drink one extra glass of water each time you are here, that would be greatly appreciated.

FAMILY COUNCIL WEEK

Family Council is an organized, self-led, self-determining, democratic group composed of family and friends of the residents of Temiskaming Lodge. **Family Council Week is June 1st to 7th, 2019.** Please contact Sarah, the Resident and Family Services Coordinator for more information or to get involved. **Family Council meets quarterly on Mondays, in the boardroom.** You can look for reminders by looking at the Family Council board or in the front entrance of the Home. Family Councils advocate for residents', they welcome, educate, and collaborate with family members and they promote open and effective communication between staff and families. Family

Council also encourages the sharing of ideas, information, events and concerns, they contribute constructive feedback, they promote education for families, family council members and staff. They provide an opportunity to become knowledgeable about the Home's operations, policies and rules. This can be especially helpful for new families of new residents. And finally, family council offers its members a chance to express their collective concerns - a "united voice" supporting a "united effort." In this way, **Family Council can be a catalyst for positive changes in residents' daily lives, families' experiences and in the Home in general.**

LOST ITEM PROCESS

Please be aware that our lost item process will be changing after the month of June. We will no longer be keeping items that are misplaced or donated. Donated items will be offered to residents, and after 10 days, if they are not utilized, they will be offered to a local charity. This process is being changed, as we are accumulating a wide volume of items, none of which are being claimed or used. During the month of June, residents and families will be offered the opportunity to look

through the Lost Item Cart (see activity calendar for dates and times), prior to the items being donated outside of the Home. If you have any questions regarding this process, or would like to look at the cart during the week, please contact Management.

BETTER SENIORS CARE

The Ontario Long Term Care Association has been advocating hard to make long-term care a priority in the Ontario legislature. As part of this advocacy work, Long Term Care homes across the province were asked to engage staff, residents, families and the community to write letters to our government representatives through BetterSeniorsCare.ca.

With your support, more than 80,500 letters were sent to MPPs across the province! We have *doubled* the results from last year's campaign, which is an amazing feat. Temiskaming Lodge was just shy of reaching our goal of 2000 letters. However, we sent a total of **1995 letters**, and this is an amazing accomplishment! We would like to thank ALL of our home staff, residents, families and our community for all the effort you put into helping us make change happen.



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WALK FOR ALZHEIMER'S

Please join us for our Walk for Alzheimer's on Friday, June 7th, 2019. The walk will be held at the Temiskaming Lodge, registration will begin at 9:00 am, and the walk will commence at 10:00 am. We encourage you to get a pledge form, to collect monies, which will go towards our local Alzheimer Society programs and services. Two types of walks are being held, a short light walk, and a vigorous walk, for those with different capabilities. We encourage all to participate and create a team! Team names are encouraged to be related to the colour blue, as we will be wearing blue to support individuals with dementia. Rain or shine, we will be walking for Alzheimer's!

Powwow

Please join us at the Temiskaming Lodge, on June 27th from 2-4 PM for our Powwow. Last year's Powwow was amazing, and no doubt this year will be just as fantastic! Once again, this year we will have Timiskaming First Nations Elders, dancers, drummers and singers in attendance. Janice Wabie, Brighter Futures Facilitator/Head Start Coordinator from the Timiskaming First Nations Health and Wellness Centre will be organizing the

event. For more information or to get involved, please contact Sarah Davis, Resident and Family Services Coordinator.

SPECIAL EVENTS Father's Day BBQ

We will be hosting a Father's Day BBQ. There will be hamburgers, chips and refreshments. The BBQ will run from 12:00-1:00 on June 12th, 2019. Please RSVP to Lindsay by June 5th if you would like to attend. The cost will be \$7.00 per guest.



Volunteer Appreciation

We will be honouring our volunteers at our Volunteer Appreciation event on June 20th, 2019 at 2:00 pm. This year's theme is "Volunteers Help Us Blossom". The residents have made crafts for the volunteers to show their appreciation for all they do for us here at the Lodge.



Outings

With the nicer weather upon us, the Life Enrichment Department will be going on outings. These outings may include going to Wal-Mart, going out for lunch or going on picnic outings. Please contact Lindsay Bourassa (705)672-2123 ext 225 or lbourassa@jarlette.com if you wish to have your family member join us.

Court Yard

Please note that weather permitting the back door will be opened more frequently during the summer months. This gives the residents a beautiful space to enjoy the fresh air.

HAPPY BIRTHDAY!

June Birthdays

Lionel Major	June 3
Jean-Paul Bedard	June 14
Gloria Edwards	June 17
Valencia Leveille	June 18
Lorraine Bigras	June 29

July Birthdays

Joan Shepherdson	July 3
Mildred Boucher	July 17
Lise St.Onge-Presseault	July 23
Edith Rabillard	July 27
Leo Levasseur	July 29