

AVALON ADVISOR

MAY AT A GLANCE





June Birthday's

Happy Birthday to those celebrating in the month of June!

Our monthly Birthday Celebration will be held on **June 11th at 2:00pm** with Music by Karl and Friends!

Wacky Wordies

FATHER'S DAY WORD SEARCH



BARBECUE
BRAVE
CHILDREN
DAD
FAMILY

FATHER
FISHING
GRILLING
HELPFUL
JUNE

KIND
LOVE
MOTIVATIONAL
PARENT
PICNIC

PROTECT
SPORTS
STRONG
SUMMER
TEACHER

In the Spotlight

Wisconsin Man Joins Elite Club of Blind MDs

News clip submitted by Jackie McEnaney

The young medical student was nervous as he slid the soft, thin tube down into the patient's windpipe. It was a delicate maneuver — and he knew he had to get it right.

Tim Cordes leaned over the patient as his professor and a team of others closely monitored his every step. Carefully, he positioned the tube, waiting for the special signal that oxygen was flowing.

The anesthesia machine was set to emit musical tones to confirm the tube was in the trachea and carbon dioxide was present. Soon, Cordes heard the sounds. He double-checked with a stethoscope. All was OK. He had completed the intubation.

Several times over two weeks, Cordes performed this difficult task at the University of Wisconsin Hospital and Clinics. His professor, Dr. George Arndt, marveled at his student's skills.

"He was 100 percent," the doctor says. "He did it better than the people who could see."

Tim Cordes is blind.

He has mastered much in his 28 years: Jujitsu.

Biochemistry. Water-skiing. Musical composition.

Any one of these accomplishments would be impressive. Together, they're dazzling. And now, there's more luster for his gold-plated resume with a new title: Doctor.

Words from Wellness...

The warm weather is here!

Don't forget to keep up with your hydration and apply sunscreen if outside. Sunscreen and bug spray can be found at the front desk for your use!

If feeling unwell please visit the Wellness Office 😊

Reminder from Recreation

Please remember if you are interested in joining a scheduled outing- be sure to speak with Megan! 😊

Tiger Paw Petting Zoo will be in the Courtyard June 27th from 1pm-3pm!!

Advice from Admin

As the weather gets warmer more Residents will be outside walking, please watch your speed and keep it to below 10km/hr.

Family/friends if you are picking up and dropping off a Resident you can do so out front but please don't leave your car there! 😊

JUNE EVENTS AT THE LODGE

June 3rd

Milkshakes on the Patio

June 5th

Westside High School Band 1FL

June 10th

Chinese Food Dinner NN (Sign Up)

June 11th

Birthday Party with Karl & Friends 1FL

June 12th

Credit Meadows Kindergarten Class 1FL

June 13th

Hannah Campbell Piano Recital 1FL

June 14th

Father's Day Dinner DR

June 15th

**Father's Day Specialty Coffee & Hot Chocolate 1FL
Music with Nelson & Mark 1FL**

June 19th

Happy Hour & Music with Ronnie Russell 1FL

June 21st

Resident Meeting NN

June 24th

**Seated Yoga 1FL
Fish & Chip Dinner (Sign Up)**

June 25th

**Baking Cupcakes for Bake Sale NN
Word Games on the Patio**

June 26th

Jackie's Better Late than Never

June 27th

Petting Zoo (Courtyard)

June 28th

Cupcake Bake Sale! 1FL

1pm-3pm

JUNE VAN OUTINGS

(PLEASE SIGN UP WITH MEGAN FOR THESE OUTINGS)

Walking Track

Monday June 3rd & 17th - 9:00am

Alton Greenhouse

Monday June 3rd- 10:30am

Shopping Trip to Shelburne

Monday June 10th- 1:00pm

Seniors Day @ Island Lake

Wednesday June 12th – 9:00am

Shoppers Drug Mart

Thursday June 13th – 10:30am

Orangeville Farmers Market

Saturday June 15th – 9:00am

Dollarama

Monday June 17th – 2:00pm

Georgian Downs Horse Races

Tuesday June 18th- 3:30pm

Walmart

Thursday June 20th- 10:30am & 2:00pm

Ice Cream @ Mill Creek Gardens

Saturday June 29th- 2:00pm