


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">May 2019</h1> <p style="text-align: center;">Wish upon a butterfly (caterpillar kits arriving May 21) & Wedding bells are ringing- Wedding fashion show</p>			<p>10:00 Hymn Sing, F 1</p> <p>11:00 Flower Arrangement, 2DR</p> <p>1:30 1:1, 1st floor</p> <p>2:30 1:1, 2nd floor</p> <p>3:30 Mayday flower basket, 1DR</p> <p>6:30 Resident's Choir, 2DR</p> <p style="text-align: center;">May Day</p>	<p>2</p> <p>9:45 Grand pals: 3 residents</p> <p>10:15 Fun & Fitness, 2DR</p> <p>1:30 Guitar with Vito, Lobby</p> <p>3:30 Bingo, 1DR</p> <p>6:30 Quilling Cards, 2DR</p> <p>6:30 Hand Massaging, 1st floor</p>	<p>3</p> <p>10:15 Trivia, 2DR</p> <p>1:45 Movie: Hocus Pocus</p> <p>2:30 Gardening with Barb, Courtyard</p> <p>3:30 Bake Club, F</p> <p>6:30 Seated Yoga, 1DR</p>	<p>4</p> <p>10:15 Fun & Fitness, 2DR</p> <p>1:45 What/who am I ?, 1DR</p> <p>2:45 Cinco De Mayo Crafts, 2DR</p>
			<p>5</p> <p>10:30 Catholic Communion, SR</p> <p>2:30: Christian Reform Church, SR</p> <p style="text-align: center;">Cinco de Mayo</p>	<p>6</p> <p>10:00 Mindful Meditation, C</p> <p>2:30 Zumba Gold, 2DR</p> <p>3:30 Word Games 2 DR</p> <p>6:30 May Craft, 1DR</p> <p style="text-align: center;">Ramadan</p>	<p>7</p> <p>10:15 Health & fitness, 2DR</p> <p>1:45 Mental Aerobics 1DR</p> <p>1:45 Movie: Rain Man</p> <p>2:30 Music and Munchies w James Skarnikat, 1DR</p> <p>3:30 Let's Paint, 2DR</p> <p>6:30 Santana Concert DVD, SR</p> <p>6:30 1:1, 1st floor</p>	<p>8</p> <p>10:00 Hymn Sing, F</p> <p>11:00 Flower Arrangement, 1DR</p> <p>1:30 Bingo, 1DR</p> <p>2:30 Gardening Group, 1DR</p> <p>3:30 Flash Mob, 2DR</p> <p>6:30 Resident Choir, SR</p>
<p>12</p> <p>10:30 Catholic Communion, SR</p> <p>2:30 Mother's Day Tea with Rusty the Harpist, 2DR</p> <p style="text-align: center;">Mother's Day</p>	<p>13</p> <p>10:00 St Peters School, Lobby, set up games</p> <p>1:45 Reminisce Adventure, 1DR (1st to 2nd floor)</p> <p>2:30 Resident/food council meeting, 1DR</p> <p>3:30 Flash Mob, 2DR</p> <p>6:30 Reading group, 2DR</p>	<p>14</p> <p>8:30 Men's Breakfast, F</p> <p>10:15 Timmie's Walk, sign up with LED</p> <p>1:30 Trivia, 2DR</p> <p>1:45 Movie: Rain Man</p> <p>2:30 St Philip school craft, 2DR</p> <p>3:30 1:1, 1st floor</p>	<p>15</p> <p>10:00 Hymn Sing, F</p> <p>11:00 Flower Arrangement, 2DR</p> <p>1:30 Bingo, 2DR</p> <p>2:30 MO. B-day Party w Eric, 2DR</p> <p>3:30 Active games, 1DR</p> <p>6:30 Resident's Choir, 2DR</p>	<p>16</p> <p>10:15 What am I? 2DR</p> <p>1:30 Guitar with Vito, Lobby</p> <p>1:30 Zumba Gold, 2DR</p> <p>2:30 Gardening Group, 1DR</p> <p>3:30 Reminisce adventure, 2DR (2nd floor to 1st floor)</p> <p>6:30 Karaoke with Michelle, 2DR</p>	<p>17</p> <p>10:15 Fun & Fitness, 2DR</p> <p>1:45 Trivia, 1DR</p> <p>2:30 1:1, 2nd floor</p> <p>3:30 Bake Club, F</p> <p>6:30 Storytelling, 1DR</p>	<p>18</p> <p>10:15 Fun & Fitness, 2DR</p> <p>1:30 Getting Ready for butterflies- butterfly cycle, 1DR</p> <p style="text-align: center;">Armed Forces Day</p>
<p>19</p> <p>10:30 Catholic Communion, SR</p> <p>2:30 Faith Fellowship church Services, SR</p>	<p>20</p> <p>10:15 Getting ready for butterflies- butterfly cycle, 2DR</p> <p>1:45 Reminisce Adventure, 1DR (1st to 2nd floor)</p> <p style="text-align: center;">Victoria Day (Canada)</p>	<p>21</p> <p>10:15 Grandpals celebration</p> <p>1:45 Butterfly kit set up</p> <p>1:45 Movie: Stage Door</p> <p>2:30 British Blimey Bash with Marie Gogo, F (scones/tea)</p> <p>3:30 Flash Mob, 2 DR</p> <p>6:30 Armchair travel, 2DR</p> <p>6:30 1:1, 1st floor</p>	<p>22</p> <p>10:00 Hymn Sing, F</p> <p>11:00 Flower Arrangement, 1DR</p> <p>2:00 St. Marks Anglican Church Service, F</p> <p>6:30 Resident's Choir, 2DR</p>	<p>23</p> <p>10:15 Fun & Fitness, 1DR</p> <p>1:30 Current events, 1DR</p> <p>1:45 Movie: Princess Bride</p> <p>2:30 Zumba Gold, 2DR</p> <p>3:30 Flash Mob, 2 DR</p> <p>6:30 Reminisce adventure, 2DR (2nd to 1st floor)</p> <p>6:30 1:1, 2nd floor</p>	<p>24</p> <p>10:00 to 2:00 Butterfly Conservatory Outing, Sign up with LED</p> <p>1:30 Bingo, 1DR</p> <p>3:30 Bake Club, F</p> <p>6:30 Trivia, 2DR</p>	<p>25</p> <p>10:15 Fun & Fitness, 2DR</p> <p>1:30 Gardening Group</p>
<p>26</p> <p>10:30 Catholic Communion, SR</p> <p>2:30 Celebration of Life Westminster United Church Service, SR</p>	<p>27</p> <p>10:15 Zumba Gold, 2DR</p> <p>1:45 Reminisce Adventure, 1DR (1st to 2nd floor)</p> <p>2:30 Mindful Meditation, C</p> <p>3:30 Manicures, 2DR</p> <p>6:30 Armchair Travel, 1DR</p> <p style="text-align: center;">Memorial Day</p>	<p>28</p> <p>8:30 Ladies breakfast, sign up only, F</p> <p>10:15 Spelling Bee, 2DR</p> <p>1:30 1:1, 1st floor</p> <p>1:45 Movie: To be or not to be</p> <p>2:30 News & Views, 1DR</p> <p>3:30 Bingo, 2DR</p> <p>6:30 Word Games, C</p>	<p>29</p> <p>10:00 Hymn Sing, F</p> <p>11:00 Flower arrangement, 2DR</p> <p>2:30 Welcome social w Eric, 2DR</p> <p>3:30 Flash Mob, 1DR</p> <p>6:30 Resident's Choir, 2DR</p>	<p>30</p> <p>10:15 Fun & Fitness, 2DR</p> <p>1:30 Guitar with Vito, Lobby</p> <p>1:45: Movie: Narnia</p> <p>2:30 Wedding Day fashion show, F</p> <p>3:30 Wedding Discussion, F</p> <p>6:30 Reminisce adventure, 2DR (1st floor residents)</p> <p>6:30 Bingo, 1 DR</p>	<p>31</p> <p>10:15 Tea & Discussion, 2DR</p> <p>1:30 Trivia, 1DR</p> <p>2:30 1:1, 2nd floor</p> <p>3:30 Bake Club, F</p> <p>6:30 Seated yoga, 1DR</p>	<p>If weather permits, some activities will be re-located to our outdoor courtyard.</p>

F= Fiesta Room 1DR= 1st Dining Room 2DR= 2nd Dining Room SR= Sunrise Room C= Chapel T= Tranquility