



May 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			<p>10:00am Keeping Fit (RR)</p> <p>10:30am Elimination (C)</p> <p>12:00pm Birthday Celebration</p> <p>2:00pm Dollar Tree (VO)</p> <p>6:30pm Pub Night with Jeff Shawcross (VC)</p>	<p>10:00am Keeping Fit (RR)</p> <p>10:30am Classical Concert: Rimsky-Korsakov Scheherazade 35</p> <p>1:00pm Shoppers Drug Mart (VO)</p> <p>2:00pm Rosary (VC)</p> <p>3:00pm Make Your Own Maracas (RR)</p> <p>6:30pm The Melodiers</p>	<p><u>Cinco de Mayo</u></p> <p>9:30am VON Exercise (RR)</p> <p>10:30am Pinata Time (RR)</p> <p>1:00pm \$1 Askennonnia Jamboree (VO)</p> <p>2:00pm Midland Public Library (C)</p> <p>2:30pm Pin the Tail on the Donkey (RR)</p>	<p>10:00am Exercise Video (RR)</p> <p>2:00pm Wii Bowling (RR)</p> <p>6:30pm Movie Night (RR)</p>



May 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
<p>10:00am St. Paul's Midland Church Service on Big Screen (RR)</p> <p>1:30pm Downton Abbey (RR)</p> <p>2:45 pm Bible Reading (VC)</p>	<p>10:00am Walking Club (1st Floor)</p> <p>11:00am VON Exercise (RR)</p> <p>1:00pm Giant Tiger & Dollarama (VO)</p> <p>2:00pm Salvation Army Church Service (VC)</p> <p>3:00pm Java Music Club (CR)</p> <p>4:15pm Yoga (RR)</p>	<p>10:00am Keeping Fit (RR)</p> <p>10:30am Crow's Nest Midland (VO)</p> <p>1:00pm Documentary: Born Free (RR)</p> <p>3:30pm Elimination (C)</p>	<p>10:00am Keeping Fit (RR)</p> <p>10:30am Bingo (RR)</p> <p>2:30pm What's in the News (C)</p>	<p>10:00am Keeping Fit (RR)</p> <p>10:30am Trivia (L)</p> <p>2:00pm Card Making (RR)</p> <p>2:00pm Rosary (VC)</p>	<p>9:30am VON Exercise</p> <p>11:00am Manicures (C)</p> <p>12:00pm Mother's Day Lunch</p> <p>2:00pm Krafts with Kassandra (RR)</p> <p>2:00pm Anglican Church (VC)</p> <p>3:00pm Mother's Day High Tea (C)</p>	<p>10:00am Exercise Video (RR)</p> <p>2:00pm Mandala Colouring (C)</p> <p>6:30pm Movie Night (RR)</p>



May 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>10:00am St. Paul's Midland Church Service on Big Screen (RR)</p> <p>1:30pm Downton Abbey (RR)</p> <p>2:45 pm Bible Reading (VC)</p> <p>Happy Mother's Day</p>	<p>10:00am Walk the Tunnel (1st Floor)</p> <p>11:00am VON Exercise (RR)</p> <p>1:00pm Chinese Checkers (C)</p> <p>2:00pm Painting with Ingrid (RR)</p>	<p><u>National Denim Day</u></p> <p>10:00am Keeping Fit (RR)</p> <p>11:00am Elimination (C)</p> <p>2:00pm Travel Cafe: Mexico (C)</p> <p>2:00pm Entertainment with Jimmy the Crooner (VC)</p>	<p>10:00am Keeping Fit (RR)</p> <p>10:30am Mariposa Market Lunch & Northern Reflections Shopping Trip (VO)</p> <p>1:30pm Praise Time with Masters Four (RR)</p> <p>3:00pm Giant Crossword (RR)</p>	<p>10:00am Keeping Fit (RR)</p> <p>11:30am Pizza Delight Lunch Outing (VO)</p> <p>2:00pm Pub Social & Sing Along With Jerry (L)</p> <p>2:00pm Rosary & Communion (VC)</p>	<p>9:30am VON Exercise (RR)</p> <p>9:30am WalkerRoos Trunk Sale (C)</p> <p>10:30am Bingo (RR)</p> <p>1:30pm Knitty Gritty Knitting Club & Crochet Group (L)</p>	<p>10:00am Exercise Video (RR)</p> <p>2:00pm Wii Bowling (RR)</p> <p>6:30pm Movie Night(RR)</p>



May 2019




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p>10:00am St. Paul's Midland Church Service on Big Screen (RR)</p> <p>1:30pm Downton Abbey (RR)</p> <p>2:45 pm Bible Reading (VC)</p>	<p>10:00am Exercise Video (RR)</p> <p>10:30am Wii Bowling (RR)</p> <p>2:00pm Documentary: The Power Behind the Throne (RR)</p> <p>4:15pm Yoga (RR)</p> <p><u>Victoria Day</u></p>	<p>10:00am Keeping Fit (RR)</p> <p>10:30am Walmart (VO)</p> <p>2:00pm Travel Log (RR)</p> <p>2:00pm Entertainment with John Potts (VC)</p>	<p>10:00am Keeping Fit (RR)</p> <p>10:30am Elimination (C)</p> <p>2:00pm Resident Food & Council Meeting (L)</p> <p>3:00pm Java Music (RR)</p>	<p>10:00am Keeping Fit (RR)</p> <p>11:00am Behind the Scenes with Julie (L)</p> <p>2:00pm Pub Social & Spelling Bee (L)</p> <p>2:00pm Rosary (VC)</p>	<p>9:30am VON Exercise (RR)</p> <p>10:30am Bingo (RR)</p> <p>2:00pm Timbit Time (C)</p>	<p>10:00am Exercise Video (RR)</p> <p>2:00pm Mandala Colouring (C)</p> <p>6:30pm Movie Night (RR)</p>



May 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
26	27	28	29	30	31	
<p>10:00am St. Paul's Midland Church Service on Big Screen (RR)</p> <p>1:30pm Downton Abbey (RR)</p> <p>2:45 pm Bible Reading (VC)</p>	<p>10:00am Walking Club (1st Floor)</p> <p>11:00am VON Exercise (RR)</p> <p>11:00am Euchre (C)</p> <p>1:30pm Bingo (RR)</p> <p>4:15pm Yoga (RR)</p>	<p>10:00am Keeping Fit (RR)</p> <p>10:30am Quest Art Midland: High School Exhibits (W4W)</p> <p>2:00pm Travel Log (RR)</p> <p>3:30pm Java (RR)</p>	<p>9:30am Keeping Fit (RR)</p> <p>10:30am Alia TanJay Trunk Sale (RR)</p> <p>11:00am Hear Well, Be Well (C)</p> <p>12:00pm Burger Barr Lunch Outing (VO)</p> <p>3:00pm Shake Loose a Memory (C)</p>	<p>10:00am Keeping Fit (RR)</p> <p>10:00am Your Health: Benefits of Physiotherapy (RR)</p> <p>2:00pm Pub Social & Trivia (L)</p> <p>2:00pm Rosary (VC)</p> <p>3:30pm Van Ride (VO)</p>	<p>9:30am VON Exercise (RR)</p> <p>10:30am Elimination (C)</p> <p>1:30pm 8 Ball Express Billiards (VO)</p>	

	<h2><u>Legend</u></h2>	<h2><u>Reminders</u></h2>												
<p>Springtime</p>														
<p style="text-align: center;">“Spring is a lovely reminder of how beautiful change can be”</p>	<table border="1" style="width: 100%;"> <tr> <td style="width: 15%; text-align: center;">(C)</td> <td>Cafe</td> </tr> <tr> <td style="text-align: center;">(CR)</td> <td>Conference Room</td> </tr> <tr> <td style="text-align: center;">(L)</td> <td>Lounge</td> </tr> <tr> <td style="text-align: center;">(RR)</td> <td>Roberta Room</td> </tr> <tr> <td style="text-align: center;">(VC)</td> <td>Villa Care Centre</td> </tr> <tr> <td style="text-align: center;">(VO)</td> <td>Van Outing</td> </tr> </table>	(C)	Cafe	(CR)	Conference Room	(L)	Lounge	(RR)	Roberta Room	(VC)	Villa Care Centre	(VO)	Van Outing	<p style="text-align: center;"><u>VON Schedule</u></p> <p style="text-align: center;">Please ensure you make a note regarding the new times and dates for VON Exercise: Monday at 11:00am Friday at 9:30am</p> <p style="text-align: center;">As always, these times will be reflected on the daily sheet posted in the elevator and outside the dining room.</p>
(C)	Cafe													
(CR)	Conference Room													
(L)	Lounge													
(RR)	Roberta Room													
(VC)	Villa Care Centre													
(VO)	Van Outing													