

Villa View

Issue 3, May 2019



Manager's Corner

It is with great pleasure that I am able to re-introduce myself; Shannon Fountain, Recreation Coordinator. Most of you know me personally, who I am and where to find me (running programs, going on outings, driving the huge white van, visiting each table in the dining room), and now I have officially moved into the recreation role.

My new office is located across from the spa room and as always, I welcome the opportunity to speak with each resident regarding programs and calendar activities.

I'd like to thank everyone for their continued support and kind words during this transition.

Sincerely,
Shannon

Cinco de Mayo



Get ready for Cinco de Mayo! Join us for this fiesta, Friday, May 3rd starting with a pinata party at 10:30 am, a special themed lunch and a fun round of Pin the Tail on the Donkey. Don't forget your sombrero!



National Denim Day

Tuesday, May 14th marks the yearly fundraiser, known as National Denim Day in support of The CURE Foundation.

Since 1997, The CURE Foundation has partnered with organizations across Canada, to raise funds and awareness for breast cancer. This year, staff at the Villa Retirement Lodge are proud to support this charitable organization, by making a donation in exchange for the opportunity to wear denim. Residents are also encouraged to show their support by wearing their favorite denim outfit. Speak to Shannon if you would like to make a donation, as all donations will be collected and sent to The CURE Foundation.

Did you know:

1. 1 in 8 women will be diagnosed with breast cancer in their lifetime
2. 14 women die from breast cancer every day in Canada
3. Breast cancer is the second leading cause of death from cancer in Canadian women

Early detection is still the best factor for survival.

Shopping Fun

This month will be a busy one for those who like to shop. We will be heading to Orillia Square Mall on May 15th which featuring Northern Reflections and we have TWO trunk sales taking place in house: WalkerRoos will be here on Friday May 17th, followed by Alia TanJay on May 29th.

Pizza Lunch Outing

As requested, we have a pizza lunch outing to Pizza Delight on Thursday May 16th. From pizza, pasta and Donairs, there is something for everyone.

If you have a lunch outing request, please speak to Shannon.

Billiards

New this month, we are heading to 8 Ball Express in Midland for a friendly game of pool. Please join us Friday May 31st at 1:30pm.

Wellness updates!

Your Health - It's Back

Please join us monthly as we examine different health aspects, as presented by Melissa from Lifemark; Seniors Wellness. This month, we discuss the Benefits of Physiotherapy on Thursday May 30th at 10:00am in the Roberta Room.

Birthdays in May



A very special happy birthday to the following residents:

Christine Hofer

Betty Stacey

Betty Storey

Yvette Desroches

Come celebrate with us on Wednesday,
May 1st at 12:00pm!

