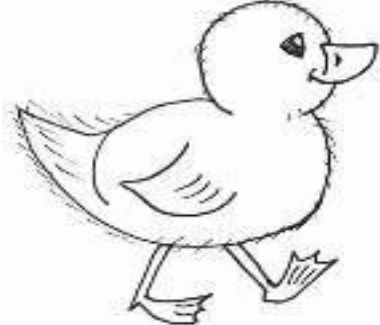
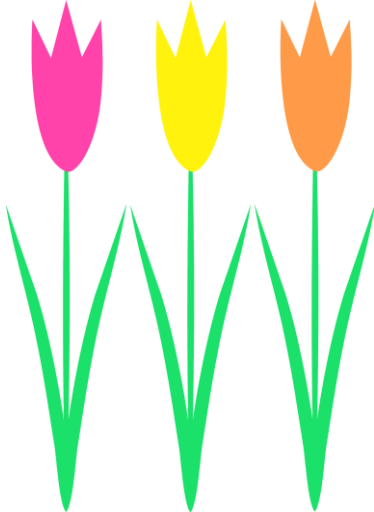




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Mardi Gras themed "Seniors Prom" Tuesday May 14 - 1:30 We will be hosting students from SDSS Check out the posters at the Activity Calender</p> <p>Celebrate Indigenous Culture ***** Flower Moon Waawaaskone Ghzis Thursday May 18th Learn some Traditional Culture Nature Games and Activities</p>	 SOUTHAMPTON Care Centre MAY 2019		<p>1 Chaplain Eileen 10 - Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 1:45 Springtyme Spa afternoon - hand & foot soaks 3:30 Fresh Air Time 3:30 Big Balloon 6:15 Dementiability Activities Games Night</p>	<p>2 Pet Therapy/Katie Aquarium checks 10 - Celebration of Life Service 2 REC- Crafty Hands Making Cards for the Staff Birthdays 3:30 Reading Group 3:30 L/ L Sit Fit REC- Activity Tidy 7 pm REC-TV Family Feud</p>	<p>3 Friday Flyers club Physio 7:30- 1:30 10 Animal DVD/BL 9:45 Food committee 10:15 Council meeting 11 - Exercise Class Fall Prevention 2 - Flashback Friday Motown Sounds 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club</p>	<p>4 Janie w/e 2 - Feel Good Music Concert – Russ Burns 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 - Mobile Active Game Ball Toss 6:30 Mobile Music & Activity Cart</p>
<p>5 Janie w/e Dementiability 1 - REC TV- Lawrence Welk 1 REC- Jays Game Pet Therapy visits with Robocat/Dog 3 Faith Lutheran Church Service 4 - REC- Reading Group 6:30 Singalong</p>	<p>6 Chaplain Eileen 9:15 Men's club/FL Dementiability& Free Time Activities 10:15 Ladies Friendship Circle 2 - REC-Bingo/prizes 3:30 U/ L Sit Fit 4 :15 Reading Group 6:30 Game's Night Euchre, Crochinole 7 REC- Jays Game</p>	<p>7 Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 - TV Price is Right Jones & Jones 3:30 EX Class Fall Prevention 3:30 Fresh Air Friends REC- Activity Tidy 6:30 Mobile Music & Activity Cart 7 REC- Jays Game</p>	<p>8 10 - Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 1:30 REC- Baking Make Rhubarb Crisp 3:30 Fresh Air Time 3:30 Big Balloon 6:30 Melodies & Memories Concert Rhubarb Crisp Social 7 REC- Jays Game</p>	<p>9 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10:15 Choir Practice 2 pm Afternoon in the Courtyard 3:30 Reading Group 3:30 L/ L Sit Fit Outdoor Tyme</p>	<p>10 Friday Flyers club Physio 7:30- 1:30 10 Animal DVD/BL 10 - Art to Music/AR 11 - Exercise Class Fall Prevention 2 - Music Concert Maxine & George 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 7 REC- Jays Game</p>	<p>11 Pauline w/e 2 - Mother's Day Folk Concert Cathy Kempert 3 pm Jays Game 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 pm Mobile Active Game –Chick toss 6:30 Let's Chat Springtyme Social</p>
<p>12 Pauline w/e Dementiability Activities 1 - REC TV- Lawrence Welk 1 REC- Jays Game Pet Therapy visits with Robocat/Dog 3 – Southampton United Church 4 - Reading Group 6:30 Singalong</p>	<p>13 Chaplain Eileen 9:15 Men's club/FL Dementiability& Free Time Activities 11 am Zena's Art Workshop 2 - REC-Bingo 3:30 U/ L Sit Fit 4 :15 Reading Group 6 pm Piper Steve off large dining room</p>	<p>14 Physio 7:30- 1:30 Chaplain Eileen 9:30 Manicures & Prom Dress UP 10 Animal DVD/BL 12 Prom Lunch 1:30 Mardi Gras Seniors PROM REC- Activity Tidy 5 pm Prom Dinner 6:30 Games Night</p>	<p>15 Chaplain Eileen 10 -Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 2 Music Concert Mike & Friends 3:30 Fresh Air Time 3:30 Big Balloon REC- Activity Tidy 6:30 Vintage Records Social</p>	<p>16 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10:15 Choir Practice 2 REC- Crafty Hands Tie a Baby Quilt 3:30 Reading Group 3:30 L/ L Sit Fit Outdoor Tyme 6:15 Games Night Social</p>	<p>17 Friday Flyers club Physio 7:30- 1:30 10 Animal DVD/BL 10 - Art to Music/AR 2 - Shake, Rattle & Roll Music Concert with Al Crawford 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 7 REC- Jays Game</p>	<p>18 Indigenous Culture Flower Moon 2 - REC- Make Plant Spring Flowers 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 pm Jays Game 4 pm Mobile Active Game- Ball toss 6:30 China Tea Party</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>19 Lisa w/e Dementiability Activities 1 -REC TV- Lawrence Welk Pet Therapy visits with Robocat/Dog 3 – South Port Pentecostal 4 REC- Jays Game 4 - Reading Group 6:30 Singalong</p>	<p>20 Chaplain Eileen 9:15 Men’s club/FL Dementiability& Free Time Activities 10:15 Big Balloon 1 REC- Jays Game 2 - REC-Bingo 3:30 U/ L Sit Fit 4 :15 Reading Group 6:30 Game’s Night Euchre, Crochinole</p>	<p>21 Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 -TV Price is Right 2 – Music Concert Take One Band 3:30 EX Class Fall Prevention 3:30 Fresh Air Friends REC- Activity Tidy 6:30 Vintage Mags 7 REC- Jays Game</p>	<p>22 10 Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 2 pm Afternoon in the Courtyard 3:30 Fresh Air Time 3:30 Big Balloon 6:30 Spring Trivia 7 REC- Jays Game 7:15 Glad Tidings Choir & Social</p>	<p>23 Chaplain Eileen Pet Therapy/Katie BABY CHICKS HERE Aquarium checks 10:15 Sharing My Home Meeting/FD 12:30 REC- Jays Game 2 pm Music Concert Mary Anne Holst 3:30 Reading Group 3:30 L/ L Sit Fit 6:15 Games Night Social</p>	<p>24 Friday Flyers club Physio 7:30- 1:30 10 Animal DVD/BL 10 - Art to Music/AR 11 - Exercise Class Fall Prevention 2 – Music Concert Maxine & George 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 7 REC- Jays Game</p>	<p>25 Nicole w/e 2 - Saturday Sodas and 50 - 60’s music 3 pm Jays Game 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 - Mobile Active Games 6:30 Evening strolls in the Courtyard 7 REC- Hockey club</p>	
<p>26 Nicole w/e Dementiability Activities 1 - REC TV- Lawrence Welk 1 REC- Jays Game Pet Therapy visits with Robocat/Dog 3 – Port Elgin United Church Service 4 - Reading Group 6:30 Singalong</p>	<p>27 Chaplain Eileen 9:15 Men’s club/FL Dementiability& Free Time Activities 10:15 Big Balloon 11 - Zena’s Art Workshop 2 - REC-Bingo 3:30 U/ L Sit Fit 4 :15 Reading Group 6:30 Game’s Night Euchre, Crochinole</p>	<p>28 Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 -TV Price is Right 2 – Birthday Party Dave Hiscox 3:30 EX Class Fall Prevention 3:30 Fresh Air Friends REC- Activity Tidy 6:30 Courtyard visit</p>	<p>29 Chaplain Eileen 10 -Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 2 REC- Quilters Tie Baby Quilts 3:30 Fresh Air Time 3:30 Big Balloon REC- Activity Tidy 6:30 Vintage Records</p>	<p>30 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10:15 Choir Practice 2 pm Fred Seiffert Music Concert 3:30 Reading Group 3:30 L/ L Sit Fit Outdoor Tyme 6:15 Games Night Social</p>	<p>31 Friday Flyers club Physio 7:30- 1:30 10 Animal DVD/BL 10 - Art to Music/AR 11 - Exercise Class Fall Prevention 2 - Fred Seiffert Music Concert 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club</p>	<p>Check out some real BABY CHICKS Thursday May 23</p> 	
<p>Dementiability & Free time Activities are set up each day in the Activity Room/Beacon Lounge & on trays in the Halls Come and check them out</p> <hr/> <p>Spring May 23 10:15 am Sharing My Home Guest Speaker Charlotte Bumstead RN Grey Bruce BSO Support Team Learn tips to support our friends with a diagnosis of dementia</p>				 <p>SOUTHAMPTON Care Centre MAY 2019</p>  <p>Jarlette Health Services Generations of Caring</p>		<p>Check out our new ROBOTIC Cats & Dogs</p> <p>thanks to the generous support of the Residents Council</p>	<p>Spring <i>get outside to the courtyard garden</i></p> <p><i>get your hat & sunscreen</i></p>