



March 2019



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|--|--|---|
| <p>Winnie The dog visits—Tuesday 10:30 am</p> | <p>Magical Paws—Saturday 10:00 am</p> | <p><u>TV Times</u> Sunday -Sports # 28 Monday—Music #49 Tuesday—Baseball #28 Wednesday—Wheel of Fortune #3 Thursday—Finals #3 Friday—Movie Night—# 25 Saturday—Sports #28</p> | <p>LL—Large Lounge Lg DRm—Large Dining Room Sm DRm—Small Dining Room RC Rm—Restorative Care Room SmL—Small Lounge Res Rm—Resident Room</p> | | <p>1 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 2:00 pm—(LL) - World Day of Prayer 4:30 pm—Walking Program</p> | <p>2 10:00 am—Magical Paws visit</p> |
| <p>3 1:30 pm - (LL) - Anglican Worship Service</p> | <p>4 Hair Dresser 10:00am—((LL) - Falls Prevention Level 1 2:00 pm—(lg DRm) - Bingo 4:30 pm—Walking Program</p> | <p>5 10:00am—((LL) - Falls Prevention Level 1 2:00 pm—(LL) - Music</p> | <p>6 Hair Dresser 10:00 am—(SmL) - Theraband & Ball Therapy 2:00 pm—(LL) - Worship Service 4:30 pm—Walking Program 7:00pm- (Lg DRm) - Food Bingo</p> | <p>7 10:00am—((LL) - Falls Prevention Level 2 2:00 pm—((LL) - Volunteer Meeting</p> | <p>8 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 2:00 pm—(LL) - Decorate for St Patrick's Day 4:30 pm—Walking Program</p> | <p>9 10:00 am—Magical Paws visit</p> |
| <p>10 10:30 am—Loading bus for Spring Bay Church</p> <p>REMEMBER? Set Your Clocks Ahead!</p> | <p>11 Hair Dresser 10:00am—((LL) - Falls Prevention Level 1 2:00 pm—(lg DRm) - Bingo 4:30 pm—Walking Program</p> | <p>12 10:00am—((LL) - Falls Prevention Level 1 2:00 pm—(LL) - Music</p> | <p>13 Hair Dresser 10:00 am—(SmL) - Theraband & Ball Therapy 2:00 pm—(LL) - Worship Service 7:00 pm—(Lg DRm) - Food Bingo</p> | <p>14 10:00am—((LL) - Falls Prevention Level 2 2:00 pm (LL) - Java Music 4:30 pm—Walking Program</p> | <p>15 8:30 pm— (LL) - Men's Breakfast 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 11:00 am—(LL) - Resident Council Mtg 2:00 pm—St. Patrick's Day Party</p> | <p>16 10:00 am—Magical Paws visit</p> |
| <p>17 10:30 am—Loading bus for Gore Bay Church 2:00 pm (LgDRm) - St Patty's Tea Happy St Patrick's Day</p> | <p>18 Hair Dresser 10:00am—((LL) - Falls Prevention Level 1 2:00 pm (Lg DRm) - Bingo 4:30 pm—Walking Program</p> | <p>19 10:00am—((LL) - Falls Prevention Level 1 2:00 pm—(LL) - Music</p> | <p>20 Hair Dresser 10:00 am—(SmL) - Theraband & Ball Therapy 2:00 pm—(LL) - Worship Service 4:30 pm—Walking Program 7:00 pm—(LgDRm) - Food Bingo</p> | <p>21 10:00am—((LL) - Falls Prevention Level 2 11:00 am—(LL) - Making Pies 4:30 pm—Walking Program</p> | <p>22 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 2:00 pm LL) - Supper Club 4:30 pm—Walking Program</p> | <p>23 10:00 am—Magical Paws visit</p> |
| <p>24 10:00 am—Loading bus for Silverwater Church</p> | <p>25 Hair Dresser 10:00am—((LL) - Falls Prevention Level 1 2:00 pm—(Lg DRm) - Bingo 4:30 pm—Walking Program 7:00 pm Family Matters</p> | <p>26 10:00am—((LL) - Falls Prevention Level 1 2:00 pm—(LL) - Birthday Tea—Music</p> | <p>27 Hair Dresser 10:00 am—(SmL) - Theraband & Ball Therapy 2:00 pm—(LL) - Worship Service 4:30 pm—Walking Program 7:00 pm—(LgDRm) - Food Bingo</p> | <p>28 8:30 pm— (LL) - Ladies Breakfast 10:00am—((LL) - Falls Prevention Level 2 11:00 am—(LL)- Quality council Mtg 2:00 pm (LL) - International Food Tasting Day 4:30 pm—Walking Program</p> | <p>29 10:30am—(LL) - Fun & Fitness 10:30 am—(LL) - Trivia 2:00 pm (LL) - Horseshoes 4:30 pm—Walking Program</p> | <p>30 10:00 am—Magical Paws visit</p> |