

The Bayfield Buzz

March 2019

Time for Leprechauns and Maple Syrup



Special Entertainment and Activities This Month:

Le Caron High School Jazz Band

Friday March 1st @ 2pm in MDR, the Le Caron Jazz Band will be entertaining us. This is a very talented group of students who are going to Whistler BC to perform this spring! Bayfield House will be their first Live performance. You don't want to miss it.

Bob Cook

Tuesday March 5th @ 2pm in DR, don't miss the
Musical Styling of Bob Cook

Don James

Back by popular demand, musician Don James will be performing
Monday March 18th @ 2:30 in the DR

Celtic Dance Troupe

Saturday March 16th @ 2pm in DR come and enjoy some truly talented dancers! Following their performance, they will teach those of us who want to learn a few dance moves. If you don't wish to learn you can encourage your very own Recreation Coordinator, Lise, as she learns new steps!



Around The World

Join our volunteer world travellers as they wow you with photos and videos of their destinations for your enjoyment. Coffee and treats will be served.

Beverage By The Bay

Join Lise on select Fridays in the private dining room for the featured \$3/drink special. The bar will also be open for those who prefer a different beverage. Invite your loved ones and join your neighbours for a light hearted social time

3pm - 4pm !

Come Sample Nature's Candy

Tuesday March 26th @ 2pm, on the front patio, join us for an authentic Canadian treat ... maple taffy on the snow! Friday March 29th @ 11am, sign up for a visit to a traditional sugar shack! You won't want to miss these "Sweet" opportunities!!!



- From the General Manager's desk:

- Be sure to tune into CTV News Mon-Fri between 6-7 pm to see our very own Joan James as she is interviewed in the Bayfield House Retirement Lodge commercial!
- Thank you for your patience during our recent Respiratory outbreak. We were able to contain the spread to only 15 residents. Bravo!
- I would like to wish a warm welcome to LeCaron high school student Samantha Smith as she completes her co-op and learns more about working for and with seniors. Be sure to say hello when you see her!

On Feb 20th, Bayfield House was able to grant resident Pat MacLean her "Better Late Than Never" wish of a snowmobile ride. Thanks to a generous contribution by Doug Sagan, owner of Factory Recreation in Midland, Pat was able to relive some very fond memories of week-long snowmobile trips with her husband and friends which she enjoyed up until the age of 80.

It just proves that you are never too old to dream big!



"You are never too old to set another goal or to dream a new dream."
Les Brown

A Giggle a Day Keeps the Doctor away

I am a Seenager. (Senior teenager)

I have everything that I wanted as a teenager, only 60 years later. I don't have to go to school or work. I don't have acne. I get an allowance every month. I have my own pad. I don't have a curfew. I have a driver's license and my own car. I have a bus pass. I have ID that gets me into bars and the wine store. I like the wine store best.

The people I hang around with are not scared of getting pregnant, they aren't scared of anything, they have been blessed to live this long, why be scared?

Brains of older people are slow because they know so much. People do not decline mentally with age, it just takes them longer to recall facts because they have more information in their brains. Scientists believe this also makes you hard of hearing as it puts pressure on your inner ear.

Much like a computer struggles as the hard drive gets full, so too, do humans take longer to access information when their brains are full. Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, it is nature's way of making older people do more exercise. - - - - - SO THERE!!

Remember to wear green on March 15th as we celebrate
St Patrick's Day !



