



# March 2019 Temiskaming Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>We have activities available in the dining room to keep you busy while you wait for your meals.</p> 	<p>Residents will update the Memorial Board as needed throughout the month.</p> 	 <p>For each petal on the shamrock This brings a wish your way - Good health, good luck, and happiness For today and every day. Author Unknown <i>TheSilverPen.com</i></p>			<p>9:30 Library 10:00 Exercise Class -Stay Fit 10:45 Newspaper Club 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:30 LCR Dice Game**</p>	<p>1:30 Humour Therapy- Jokes  3:00 Crafts  6:30 Monster Bingo</p>
<p>10:30 Balloon ball 1:00 Music DVD 1:00 DementiAbility Programs 2:30 LCR Dice Game** 3:00 JAVA Baking 6:30 JAVA Music Club</p>	<p>10:00 Exercise Class -Stay Fit 10:30 JW Bible 2:30 Bingo 4:15 Reading Group 6:30 JAVA Memory Club</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 11:15 Trivia 1:30 Nail Care 2:30 Cards and Dice 6:30 LCR Dice Game**</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 10:30 Activity Lunch 2:30 Bingo 6:30 Euchre*</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 11:30 Claybelt Chronicles 2:30 Casino Day 6:15 Hot Wax Therapy</p>	<p>10:00 Exercise Class -Stay Fit 10:30 Front Porch Baking 10:45 Newspaper Club 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:15 Paint Night 6:30 LCR Dice Game**</p>	<p>1:30 Humor Therapy-Movie  3:00 Front Porch Travels  6:30 Bingo</p>
<p><b>Daylight Savings Time!</b> 1:00 Music DVD 1:00 DementiAbility Programs 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 3:00 JAVA Baking 6:30 JAVA Music Club</p>	<p>10:00 Exercise Class -Stay Fit 10:30 JW Bible 2:30 Bingo 4:15 Let's Read Together 6:30 Entertainment with Ducharme Brothers</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 10:30 Crafts 1:30 Resident Council 1:30 Nail Care 6:30 LCR Dice Game**</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 11:15 Trivia 2:00 Resident Birthday Party with Beverly Flynn 6:30 Euchre**</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 11:15 Claybelt Chronicles 2:00 St Patrick's Day Party with Linda Henry 6:15 Hot Wax Therapy</p>	<p>9:30 Library 10:00 Exercise Class -Stay Fit 10:45 Newspaper Club 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:30 LCR Dice Game**</p>	<p>1:30 Humor Therapy-Movie  3:00 Board Games  6:30 Bingo</p>

Activities with \*\* beside them indicate they are Resident Led Event or Club (REC)

DementiAbility Programs include laminating, folding, shredding, sorting, colouring, cutting, pasting, decoration making etc.

Calendar is subject to change. Please check the Activity Board for more information or updates.



# March 2019 Temiskaming Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>St. Patrick's Day</b> 1:00 DementiAbility Programs 1:00 Music DVD 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 3:00 JAVA Baking 6:30 JAVA Music Club <div style="text-align: right;">17</div>	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 10:30 JW Bible 2:30 Bingo 4:15 Reading Group  6:30 JAVA Memory Club <div style="text-align: right;">18</div>	10:00 Overtones 1:30 Nail Care 2:30 Cards and Dice 3:30 Exercise Class -Stay Fit 6:30 LCR Dice Game** <div style="text-align: right;">19</div>	First Day of Spring! 10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 11:15 Trivia 2:30 Bingo 6:30 Euchre** <div style="text-align: right;">20</div>	8:30 Breakfast Club 10:00 Exercise Class -Stay Fit 10:45 Tai Chi 2:30 Cards and Dice 6:15 Hot Wax Therapy <div style="text-align: right;">21</div>	10:00 Exercise Class -Stay Fit 10:30 Timiskaming Child Care Visit 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:30 Movie Night 6:30 LCR Dice Game** <div style="text-align: right;">22</div>	1:30 Humor Therapy-Jokes  3:00 Wii Games!  6:30 Bingo <div style="text-align: right;">23</div>
1:00 DementiAbility Programs 1:00 Music DVD 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 3:00 JAVA Baking 6:30 JAVA Music Club <div style="text-align: right;">24</div>	10:00 Exercise Class -Stay Fit 10:30 JW Bible 2:30 Bingo 4:15 Let's Read Together 6:30 Wii Games! <div style="text-align: right;">25</div>	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 1:30 Nail Care 2:00 Entertainment with Unison 6:30 LCR Dice Game** <div style="text-align: right;">26</div>	10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 11:15 Trivia 2:30 Bingo 6:30 Euchre** <div style="text-align: right;">27</div>	9:30 Spa Day  2:00 Entertainment with Golden Memories <div style="text-align: right;">28</div>	9:30 Library 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:30 LCR Dice Game** <div style="text-align: right;">29</div>	10:15 Hot Wax Therapy  1:30 Humor Therapy-Jokes  3:00 Board Games  6:30 Bingo <div style="text-align: right;">30</div>
10:30 Balloon Ball 1:00 DementiAbility Programs 1:00 Music DVD 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 3:00 JAVA Baking 6:30 JAVA Music Club <div style="text-align: right;">31</div>						

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