

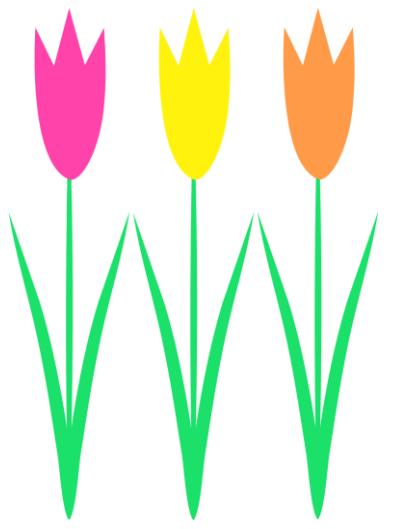
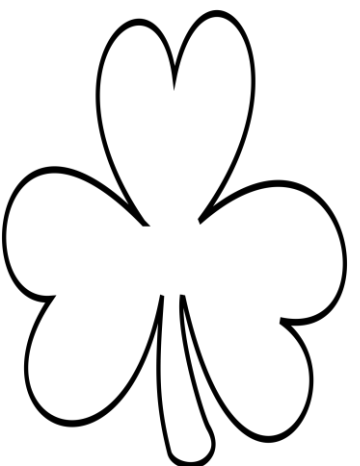



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Dementiability & Free time Activities are set up each day in the Activity room and lounge areas Come and check them out</p> <hr/> <p>10th Clocks Spring Ahead</p> <p>15th 2 pm - St Patty's Day Pub Music with Mary Anne Holst</p> 		 <p>SOUTHAMPTON Care Centre</p> <p>March 2019</p>				<p>1 Friday Flyers club 10 - Art to Music 9:45 Food committee 10:15 Council meeting 11 - Exercise Class Fall Prevention Physio 1 - 7:30 pm 2 - Flashback Friday - Truck Driving Music 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 6:30 Andre Riel music</p>	<p>2 Pauline w/e 2 - Music Concert with Mike & Friends 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 - Mobile Active Games 6:30 Java Music Club 7 REC - Hockey club</p>
<p>3 Pauline w/e Dementiability Activities 1 - 1 – REC TV- Lawrence Welk Pet Therapy visits 3 – Faith Lutheran Church Service 4 - REC- Reading Group 6:30 Singalong</p>	<p>4 Chaplain Eileen 9:15 Men's club/FL 10:15 Big Balloon Dementiability & Free Time Activities 2 - REC-Bingo 3:30 U/ L Sit Fit 4 :15 Reading Group 6:30 Sherlock Holmes episode 1</p>	<p>5 Pradeep Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 - TV Price is Right Pancake Lunch 2 - Music Concert with Jones & Jones 3:30 EX Class Fall Prevention 6:30 Pet therapy 6:30 Youtube concert</p>	<p>6 10 - Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 1:45 Snowflake Spa afternoon - hand & foot soaks 3:30 Fresh Air Time 3:30 Big Balloon 6:15 Travelling Trivia 7- REC Hockey club</p>	<p>7 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10:15 Choir Practice 1:30 Afternoon games- croch, euchre, puzzles 3:30 Reading Group 3:30 L/ L Sit Fit REC- Activity Tidy 7- REC-TV Family Feud</p>	<p>8 Friday Flyers club 10 - Art to Music 11 Exercise Class Fall Prevention Physio 1 - 7:30 pm 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 6:30 Andre Riel music</p>	<p>9 Lisa w/e 2 - Folk Concert with Cathy Kempert 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 - Mobile Active Games 6:30 China Tea Party 7 REC - Hockey club</p>	
<p>10 Clocks Go Ahead Lisa w/e Dementiability Activities 1 – REC TV- Lawrence Welk Pet Therapy visits 3 – Southampton United Church 4 - REC- Reading Group 6:30 Singalong</p>	<p>11 Chaplain Eileen 9:15 Men's club/FL Dementiability & Free Time Activities 10:15 Big Balloon 11 am Zena's Art Workshop 2 - REC-Bingo/prizes 3:30 U/ L Sit Fit 4 :15 Reading Group 6 pm Piper Steve off large dining room</p>	<p>12 Pradeep Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 - TV Price is Right 2 REC- Baking Club Green Jello Cake 3:30 EX Class Fall Prevention REC- Activity Tidy 6:30 Cake Social China Tea Party</p>	<p>13 10 - Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 1:30 Quality Council 1 :30 St Pats Hats Irish Jig Music Shamrock Shakes 3:30 Fresh Air Time 3:30 Big Balloon 6:30 Melodies & Memories Concert 7 - REC Hockey club</p>	<p>14 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10:15 Choir Practice 1:30 Carpenter Club Sanding Projects 3:30 Reading Group 3:30 L/ L Sit Fit 7 - REC-TV Family Feud</p>	<p>15 Friday Flyers club 10 - Art to Music 11 - Exercise Class Fall Prevention Physio 1 - 7:30 pm 2 - St Patty's Pub Concert with Mary Anne Holst 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 6:30 Andre Riel music</p>	<p>16 Pauline w/e 2 - Music Concert Dave Hiscox 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 pm Mobile Active Games 6:30 Hot Chocolate & Let's Chat Social 7 REC - Hockey club</p>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17 Pauline w/e St Patricks Day Dementiability Activities Irish Style Lunch 1:30 Irish Music Social Pet Therapy visits 3 – South Port Pentecostal Church 4 - Reading Group 5 pm Irish Dinner 6:30 Singalong</p>	<p>18 Chaplain Eileen 9:15 Men’s club/FL Dementiability& Free Time Activities 10:15 Ladies Friendship Circle 2 - REC-Bingo 3:30 U/ L Sit Fit 4 :15 Reading Group 6:30 Sherlock Holmes episode 2</p>	<p>19 Pradeep Physio 7:30- 1:30 Chaplain Eileen 9:30 Manicures 10:30 Exercises 11 - TV Price is Right 2 pm Shake, Rattle & Roll with Al Crawford 3:30 EX Class Fall Prevention 3:30 Staff meeting 6:30 China Tea Party</p>	<p>20 10 -Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 2 Indigenous Celebrations - Maple Syrup Memories 3:30 Fresh Air Time 3:30 Big Balloon REC- Activity Tidy 6:30 Drumming & Dancing Videos 7 – REC Hockey club</p>	<p>21 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10 am Celebration of Life Service 1:30 Crafty Hands Quilt Projects 3:30 Reading Group 3:30 L/ L Sit Fit 6:30 Vintage Record Big Band Social 7- REC-TV Family Feud</p>	<p>22 Friday Flyers club 10 - Art to Music 11 - Exercise Class Fall Prevention Physio 1 - 7:30 pm 2- Mardi Gras Party Music & Fun with Maxine & George 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 6:30 Andre Riel music</p>	<p>23 Dementiability Activities 2 pm MUSIC TBA 6:30 Carol Burnett Special 7 REC- Hockey club</p>
<p>24 Dementiability Activities 1 – REC TV- Lawrence Welk Pet Therapy visits 3 – Port Elgin Missionary Church Service 4 - Reading Group 6:30 Singalong</p>	<p>25 Chaplain Eileen 9:15 Men’s club/FL Dementiability& Free Time Activities 10:15 Big Balloon 11 - Zena’s Art Workshop 2 - REC-Bingo 3:30 U/ L Sit Fit 4 :15 Reading Group 6:30 Sherlock Holmes episode 3</p>	<p>26 Pradeep Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 -TV Price is Right 2 – Birthday Party Concert with Take One Band 3:30 EX Class Fall Prevention REC- Activity Tidy 6:30 Vintage Magazine Social</p>	<p>27 10 Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 1:30 Baking Club Gingerbread Cake 3:30 Fresh Air Time 3:30 Big Balloon 6:30 Winter Trivia 7:15 Glad Tidings Choir & Gingercake Social 7 – REC Hockey club</p>	<p>28 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10:15 Choir Practice 2 – Music Concert Fred Seiffert 3:30 Reading Group 3:30 L/ L Sit Fit 7 - REC-TV Family Feud</p>	<p>29 Friday Flyers club 10 - Art to Music 11 - Exercise Class Fall Prevention Physio 1 - 7:30 pm 2 – Flashback Friday Neil Diamond Music 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 6:30 Andre Riel music</p>	<p>30 Pauline w/e 2 - Music Concert with Mike & Friends 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 - Mobile Active Games 6:30 China Tea Party 7 REC- Hockey club</p>
<p>31 Pauline w/e Dementiability Activities 1 – REC TV- Lawrence Welk Pet Therapy visits 3 – Roman Catholic Church Service 4 - Reading Group 6:30 Leavin’ Tracks Band</p>		 <p>SOUTHAMPTON Care Centre March 2019 Spring</p>	<p>Celebrate Cultural Diversity ***** Celebrate Indigenous Culture with Sugar Moon This moon also teaches us the time of year when the sap is running for Maple Sugar Harvest. Join us for Maple Syrup memories Waffle samples & fresh Maple Syrup Wednesday March 20th 2 pm</p>	