


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Thursday February 7th 2 pm Roll Out - Better Late Than Never Wishes Come and Check out this exciting wish granting program ***** Thursday February 14th - noon Join your significant other for our Sweethearts Luncheon- Monday February 4 - 3 pm Get Smart Education Slips, Trips, Falls Least Restraint Program</p>		 <p>SOUTHAMPTON Care Centre</p> <p>February 2019</p>				<p>1 REC Friday Flyers Club 10 - Big Balloon 11 - Exercise Class Fall Prevention Physio 1 - 7:30 pm 2 pm Guitar Singalong/Pauline 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 6:30 Andre Riel Music DVD</p>	<p>2 Groundhog Day Willie or Won't He Pauline w/e 2 - Music Concert with Mike & Friends 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 - Pound the Hog Game 6:30 Java Music Club 7 REC - Hockey club</p>
<p>3 Pauline w/e Dementiability Activities 1:30 Games/Puzzles 3- Shoreline Baptist Church Service 4 - REC- Reading Group 6:30 Singalong Songs</p>	<p>4 Chaplain Eileen 9:15 Men's club/FL 10:15 Choir Practice Dementiability & Free Time Activities 2 - REC-Bingo 3 - Get Smart Education 3:30 U/ L Sit Fit 6:30 Music DVD</p>	<p>5 Pradeep Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 - TV Price is Right 2 - Singalong Jones & Jones 3:30 EX Class Fall Prevention REC- Activity Tidy 6:30 Ripley's Believe It or Not</p>	<p>6 10 - Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 1:30 Tidy the Activity Room Cupboards 3:30 Fresh Air Time 3:30 Big Balloon 6:30 Melodies & Memories Concert 7- REC Hockey club</p>	<p>7 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10 - Celebration of Life Service 2 - Roll Out of Better Late Than Never Wishes Pgm 3:30 Reading Group 3:30 L/ L Sit Fit 7- REC-TV Family Feud</p>	<p>8 REC Friday Flyers Club 9:45 Food Committee 10:15 Resident Council Meeting 11- REC- Euchre Physio 1 - 7:30 pm 2 - Music Concert Ralph & Friends 3:15 Exercise Class Fall Prevention 6:30 Andre Riel Music DVD</p>	<p>9 Lisa w/e 2- Saturday Soda's & 60's Music 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 - Mobile Active Games 6:30 China Tea Party 7 REC - Hockey club</p>	
<p>10 Lisa w/e Dementiability Activities 1:30 Games/Puzzles 3 - Anglican Church Service 4 - REC- Reading Group 6:30 Spelling Bee</p>	<p>11 Chaplain Eileen 9:15 Men's club/FL 10:15 Choir Practice 11 am Zena's Art Workshop Dementiability & Free Time Activities 2 - REC-Bingo/prizes 3:30 U/ L Sit Fit 6:30 Music DVD</p>	<p>12 Pradeep Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 - TV Price is Right 1:30 Winterfest Activities 3:30 EX Class Fall Prevention REC- Activity Tidy 6:30 Hot Chocolate & Cookie Social</p>	<p>13 10 - Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 1:30 Quality Council 1:30 Men's Group Set up Electric Train 3:30 Fresh Air Time 3:30 DVD Great Canadian Train Ride 6:30 Vintage Records 7 - REC Hockey club</p>	<p>14 Chaplain Eileen Pet Therapy/Katie Aquarium checks 12 - Sweetheart's Luncheon 2 - Music Concert Al Crawford 3:30 Reading Group 3:30 L/ L Sit Fit 6:30 Famous Couples Trivia 7 - REC-TV Family Feud</p>	<p>15 REC Friday Flyers Club 10 - Big Balloon 11 - Exercise Class Fall Prevention Physio 1 - 7:30 pm 2 - Music Concert Ernie Cluley/Friends 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 6:30 Andre Riel Music DVD</p>	<p>16 Pauline w/e 2 pm Music Concert Cathy Kempert 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 pm Mobile Active Games 6:30 Java Music Club 7 REC - Hockey club</p>	

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<p>17 Pauline w/e Dementiability Activities 1:30 Games/Puzzles</p> <p>3- Tolmie Memorial Presbyterian Church Service</p> <p>4 - Reading Group 6:30 Singalong Songs</p>	<p>18 FAMILY DAY</p> <p>9:15 Men's club/FL Dementiability & Free Time Activities</p> <p>10:15 Active Games Flyswatter Fun</p> <p>2 - REC - Family Day Bingo & Prizes 6:30 Music DVD</p>	<p>19 Pradeep Physio 7:30- 1:30 Chaplain Eileen</p> <p>9:30 Manicures 10:30 Exercises 11 - TV Price is Right 2 pm Mitchell Family Gospel & Indigenous Music</p> <p>3:30 EX Class Fall Prevention 3:30 Staff meeting 6:30 Indigenous Craft Evening</p>	<p>20 10 - Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 2 - Birthday Bash Music Concert Fred Seiffert</p> <p>3:30 Fresh Air Time 3:30 Big Balloon REC- Activity Tidy 6:30 14000 Things to be Happy About 7 - REC Hockey club</p>	<p>21 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10 - Art to Music 10:15 Sharing My Home Meeting 2 - Baking Club Cinnamon Roll Cake 3:30 Reading Group 3:30 L/ L Sit Fit 6:30 Cinnamon Roll Cake Social 7- REC-TV Family Feud</p>	<p>22 REC Friday Flyers Club 10 - Big Balloon 11 - Exercise Class Fall Prevention Physio 1 - 7:30 pm 2 - Music Concert Maxine & George 3:45 REC- Euchre 3:45 REC- TV N/G Animal Club 6:30 Andre Riel Music DVD</p>	<p>23 Lisa w/e 2 pm Music Concert Dave Hiscox 3:30 REC- DVD Planet Earth Series 3:45 Euchre club 4 - Mobile Active Games 6:30 China Tea Party 7 REC- Hockey club</p>
<p>24 Lisa w/e Dementiability Activities 1:30 Games/Puzzles</p> <p>3- Port Elgin Missionary Church Service</p> <p>4 - Reading Group 6:30 Decorate for St Patty's Day</p>	<p>25 Chaplain Eileen 9:15 Men's club/FL Dementiability & Free Time Activities 10:15 Ladies Friendship Circle 11 - Zena's Art Workshop 2 - REC-Bingo 3:30 U/ L Sit Fit 6:30 Music DVD</p>	<p>26 Pradeep Physio 7:30- 1:30 9:30 Manicures 10:30 Exercises 11 -TV Price is Right 12- PIZZA Lunch 2 - Music Concert Mary Anne Holst 3:30 EX Class Fall Prevention 5 pm Italian Dinner 6:30 Vintage Records</p>	<p>27 10 Good News hymn sing 11 - L/L Sit Fit 11 - Reading Group 1:30 Baking Club Gingerbread Cake 3:30 Fresh Air Time 3:30 Big Balloon 6:30 Winter Trivia 7:15 Glad Tidings Choir & Gingercake Social 7 - REC Hockey club</p>	<p>28 Chaplain Eileen Pet Therapy/Katie Aquarium checks 10 - Art to Music 2 - Music Concert TAKE ONE Band 3:30 Reading Group 3:30 L/ L Sit Fit 7 - REC-TV Family Feud</p>	<p>Tuesday February 12 - 1:30 Frosty's Winterfest Activities Snowball Toss, Snowball Pickup, Snow Shoveling, Marsh Mallow Toss, Make a Snowman, Snowman Jokes Enjoy a mug of Hot Chocolate</p> <p>Dementiability & Free time Activities are set up each day in the Activity room and lounge areas Come and check them out</p>	
<p>Celebrate Cultural Diversity of Italy Tuesday February 26 Italian Day- Meals, Music & Fun ***** Celebrate Indigenous Culture February 19 is Bear Moon 2 pm - Indigenous & Gospel Music Concert with The Mitchell Family 6:30 Indigenous Crafts</p>			 <p>SOUTHAMPTON — Care Centre —</p> <p>February 2019</p>		<p>BETTER LATE THAN NEVER WISHES & DREAMS PROGRAM</p> <p>Is there something you would like to do again OR Something you always wanted to do? Maybe we can help make your wish come true Contact the Activity Staff</p>	