

The Villa Care Centre & Retirement Lodge

Villa Voices

Information for our Residents, Family Members and Volunteers

Better Seniors Care

Jamie Williams, Volunteer Service Coordinator

With the start of a new year comes a new "**Better Seniors Care**" Campaign. Annually, the Ontario Long Term Care Association (OLTCA) launches this campaign to draw much needed attention to the "unprecedented surge in seniors who require care". Jarlette Health Services and each of its affiliated homes throughout Ontario are active participants in this very worthwhile initiative and will be hosting an event at each of our Long Term Care homes during the next several weeks.

Did you know that currently, more than 90% of Ontario's seniors living in long term care suffer from cognitive impairment, half of Ontario's long term care homes need to be rebuilt, and more than one million care hours are taken away from our seniors each year and spent on government paperwork.

We invite you to become an active participant and a champion for change by visiting www.betterseniorscare.ca and sending a letter to your MPP. Our seniors deserve care somewhere that's "more suitable than a hospital bed and more safely than at home".

Do we have an up to date e-mail address for you and/or your extended family?

If in doubt, please contact Cheryl at cdusome@jarlette.com



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Visit our website
at
www.jarlette.com

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2019**

Education News - Denise Pickett, Nursing Education Co-ordinator

Happy New Year everyone, hope you had a healthy and happy holiday season.

January's education focus is skin and wound care. Staff will have opportunities to complete RELIAS education online.

We'll also focus on Customer Service and Complaint Resolution, including an education session with Pierre Ricard from our head office.

Our Workplace Wellness Committee will be meeting later this month to come up with some new initiatives to keep our staff healthy and happy.

Remember to be diligent in washing hands and using the hand sanitizers to keep the bugs at bay when visiting. As well, using moisturizers will prevent dryness and cracking and will also help with infection control.



There have been many outbreaks in the community, you can help us to prevent one in our home. If you don't feel well, stay home and take care of yourself. Do not visit until you're feeling better.

More education:

-Cori Johnson is here on January 23 at 10:15 to discuss Food and Fluid needs related to palliative care.

-Chris from Medigas will be with us on January 28 reviewing use of oxygen equipment with staff as well as presenting an education for Registered staff regarding suctioning and inhalers.

-Deb Lashbrook from Behavioural Supports Ontario will be here for discussion on "Personality Disorders" January 25.

Thanks and have a great New Year in 2019!

Remembering Our Friends

Our thoughts and prayers are with the family and friends of our neighbours who have recently passed

Lois Smith

February 1929 - December 2018

Anne Norris

April 1942 - December 2018

James "Jim" Quinn

August 1939—January 2019

Volunteer Services - *Jamie Williams, Volunteer Services Coordinator*

Why Volunteer?

Have you ever wondered why people volunteer? The reasons are many and can vary from person to person.

Volunteers are not simply an extra pair of hands to porter a resident to/ from a program or assist with an activity. Volunteers are a tremendous resource to any organization. Not only do they augment the current staffing levels, they also play an active role in society while contributing to positive social change. Volunteering also provides an opportunity to learn new skills and form new friendships by supporting vulnerable people in our society. But most importantly, volunteering can be summed up in three words. It is, quite simply, "**Love in Action**"!

When asked, many volunteers will tell you that, yes, they enjoy what they do, but more importantly, volunteering provides them with a greater sense of purpose and meaning. In the words of Albert Einstein, "Only a life lived for others, is worth living".

**To that end, I say, thank you volunteers,
we couldn't do it without you!**



**I would like to invite each of you to a Meet and Greet
on Monday, January 21, 2-3 pm.
Kindly RSVP by Friday, January 18**

Looking forward to getting to know each of you better, Jamie

All Access Massage Therapy

We're very lucky to have Carolynne and Michele, our massage therapists, available to treat our residents here in the comfort of their home. Massage can help with alleviating aches and pains, increasing circulation which can help with skin conditions, promoting relaxation, well being and sleep, and many other benefits.

They are also available for staff and volunteers, family and friends. More information is available in brochures at our front desk, second floor.

**To arrange an appointment, please contact them by call or text
705-427-6604 or 705-526-7715**

Activation - *Lauren Parent, Life Enrichment Co-ordinator*



Offering a Warm Welcome

Thank you to our Resident Council, who generously purchased a new guest table for residents, family members and friends to enjoy. Pictured (left to right) are resident Bill Bayliss, and Resident Council Vice President Monica Walker and President Patricia Robitaille.

If you would like to book a meal at the Family and Friends table, please contact Nutrition Manager Anna Rivait at extension 205 with as much notice as possible.



Welcome Atsuko

Atsuko Neilon, nursing student at York University, will be joining us in the Activation Department at the Villa Care Centre while completing her community placement requirement.

Atsuko will be working on health promotion projects within the home, such as falls prevention and resident rights education. She will be with us from January until the end of March, on Thursdays and Fridays.

Numbers to Remember:

705-526-4238



2nd floor	Nurses Station		209
3rd floor	Nurses Station		211
Lotton	Sherri	Director of Resident Care	207
Emmerton	Deborah	Resident Family Care Co-ordinator	212
Dusome	Cheryl	Administrative Assistant	201
Henderson	Sherri	Hair Salon	204
Marchant	Tammie	Nursing Education Co-ordinator	210
Williams	Peter	Environmental Services	215
Parent	Lauren	Life Enrichment Co-ordinator	513
Patenaude	Helene	Restorative Care Co-ordinator	200
Pickett	Denise	Nursing Education Co-ordinator	208
Porth	Ray	Spiritual Care Co-ordinator (Chaplain)	513
Rivait	Anna	Nutrition Manager	205
Vallee	Barb	Staffing Co-ordinator	216
Wismer	Jill	Administrator	202
Williams	Jamie	Co-ordinator of Volunteers	217
Villa Care Centre fax: 526-5080			

Jarlette Health Services

Core Purpose:

**To make an outstanding difference
in the lives of others.**

Happy New Year Everyone!

It brings me great pleasure and with excitement I am announcing that Sherri Lotton our current Co- Director of Care, has accepted the role of Director of Care.

Sherri has been working in Long Term Care and with us here at The Villa for over 10 years in several different capacities starting as a Unit Manager, and as mentioned, most recently our Co-Director of Care. Sherri is a strong resident advocate, a strong team leader and has a wealth of knowledge about the Long Term Care Sector.

With Sherri's positive outlook and drive to enhance resident quality of care, we know Sherri will continue to make an Outstanding Difference in the Lives of Others.

Please join me in welcoming Sherri to her new role!

Resident Safety

The safety and security of our residents is our utmost priority here at the Villa. As we strive to ensure we have a safe and secure home I would like to remind all families, residents and staff about our Abuse free Zero Tolerance Policy. While these matters are sensitive in nature I need to remind everyone that if you suspect any mistreatment of our residents you **MUST** report this immediately to the Registered Nurse on shift.

If you would like further information please don't hesitate to contact me directly. The policy is located on the first floor outside the main office in a white binder labelled "Mandatory Postings". I thank everyone for helping to keep our residents safe.

Kind regards, Jill

The Villa Care Centre Mission Statement

Our home takes pride in providing our residents, families and community partners with an environment that maximizes independence, well being and opportunities for social growth.

Through a holistic approach and resident, families and community focus, we believe in promoting education, safety and most of all dignity.