

# Leacock Living

Issue 63, January 2019



## Walker Cleaning Clinic

On Tuesday January 29th from 10:00am-2:00pm we will be hosting our annual walker cleaning clinic. Bring your walker to the Wellness center and have it cleaned up by our staff free of charge. Please note there are no repairs happening this day.

## Lunch outing to Golden Wok Chinese buffet



To celebrate the Chinese New Year- we will be indulging in a wonderful feast at the Golden Wok Chinese buffet on Thursday January 31st at 11:30am. Put those New Year resolutions on hold while we enjoy a delicious meal in the company of friends. Please sign up at the front desk as spots are limited.

## Better Late Than Never kick-off campaign

Is there something that you have always wanted to do but never had the chance? Or something that you've done in the past that you would like to try again? Join us on Monday January 14th at 10:00am in the Theater Room for our Better Late Than Never kick off party. One of our residents will have the opportunity for their wish to be granted!

## Art therapy with Natasha



Natasha will be joining us again this month for an art therapy session. Start your New Year off in the creative spirit! Everyone is welcome on Thursday January 24th at 10:00am in the Craft Room.

## Residents Council Elections

Are you interested in running for Residents Council? All executive positions are available including President, Vice President, Secretary and Treasurer. If you are interested in running for one of the above noted positions, please speak to Allie in the Recreation Office **no later** than January 15 2019. Elections to take place at the February Residents Council meeting.

## Documentary Days

Beginning on Sundays in January we will be having documentary days in the theater room. Playing at 2:00pm and 7:00pm beginning January 6th, we will show a variety of documentaries throughout the year.

Please join us!

## Wellness updates!

At this point we are into the influenza season. However the flu is not the only infection that we need to be aware of at Leacock Retirement Lodge. In order to minimize the spread of illness and reduce the risk of outbreak it is important that we all work together.

On Thursday January 17th at 10:00 am in the theater room Kelly will be reviewing the IPAC (Infection Prevention and Control) fact sheet.

This sessions will review:

- What symptoms to report
- The importance of reporting
- How this information is used
- How infections may impact residents, family, friends and staff

The IPAC fact sheet will be placed in all resident mailboxes following the information session.

The Wellness Team hopes that everyone had a wonderful Christmas and would like to wish everyone a Happy New Year!

# Birthdays in January



A very special happy birthday to the following residents:

Betty Street  
Dorothy Greer  
Shirley Catto  
Vern Dutrisac  
Asta McCullough  
Barb Huddart  
Duncan Ellis  
Mary James

Come celebrate with us on Friday January 18th at 2:00pm!

