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Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

<p><b>Television</b> Mondays—8:00 pm—Dancing with the Stars—channel 3 Tuesdays—7:00 pm—Wheel of Fortune Channel 3 Wednesdays—8:00 pm—Amazing Race channel 3</p>		<p>1 <i>Happy New Year's Day</i></p> 	<p>2 Hair Dresser 10:00 am—(LL) - Ball &amp; Theraband Exercises 2:00 pm—(LL) - Worship Service 7:00 pm—Food bingo</p> 	<p>3 10:00 am—Fall's Prevention Level 2 Room 2:00 pm—(LL) -Music 4:00 pm—Walking program</p> 	<p>4 10:00 am—(LL)- Fun &amp; Fitness 10:30 am—(LL) - Trivia 2:00 pm - Undecorate our Home</p> 	<p>5 10:00 am—Magical Paws Visit</p>
<p>6 1:30 pm—(LL) - Anglican Worship Service</p>	<p>7 Hair Dresser 10:00 am—(LL)- Sit Fit 11:00 am—(LL) - Food council Mtg 2:00 pm— (Lg Drm) - Bingo 4:30 pm—Walking Program</p> 	<p>8 10:00 am—(LL)- Falls Prevention Level 1 2:00 pm—(LL) - Music</p>  	<p>9 Hair Dresser 10:00 am—(LL) - Ball &amp; Theraband Exercises 2:00 pm—(LL) - Worship Service 4:00 pm—Walking Program 7:00 pm—Food bingo</p> 	<p>10 10:00 am—Fall's Prevention Level 2 10:30 am—(LL) - Volunteer Meeting 2:00 pm—(LL) -Making Pies 3:00 pm—(SmDRm) -) -Reading Program 4:00 pm—Walking Program</p>	<p>11 10:00 am—(LL)- Fun &amp; Fitness 10:30 am—(LL) - Trivia 2:00 pm—(LL) - Supper Club</p> 	<p>12 10:00 am—Magical Paws Visit</p>
<p>13 9:30 am—Loading for Spring Bay Church 2:00 pm—(SmDRm) - Bible Reading</p>	<p>14 Hair Dresser 10:00 am—(LL)- Sit Fit 2:00 pm— (Lg Drm) - Bingo 4:30 pm—Walking Program</p>  	<p>15 10:00 am—(LL)- Falls Prevention Level 1 2:00 pm—(LL) - Music</p> 	<p>16 Hair Dresser 10:00 am—(LL) - Ball &amp; Theraband Exercises 2:00 pm—(LL) - Worship Service 4:00 pm—Walking Program 7:00 pm—Food bingo</p> 	<p>17 10:00 am—Fall's Prevention Level 2 3:00 pm—(SmDRm) -) -Reading Program 4:00 pm—Walking Program</p>  	<p>18 8:30 pm— (LL) Men's Breakfast 10:00 am—(LL)- Fun &amp; Fitness 10:30 am—(LL) - Trivia 2:00 pm (LL) - Resident Council Mtg</p> 	<p>19 10:00 am—Magical Paws Visit</p>
<p>20 9:30 am—Loading for Gore Bay Church 2:00 pm—(LgDRm) - Snowball, Snowflake Tea</p> 	<p>21 Hair Dresser 10:00 am—(LL)- Sit Fit 2:00 pm— (Lg Drm) - Bingo 4:30 pm—Walking Program</p> 	<p>23 10:00 am—(LL)- Falls Prevention Level 1 2:00 pm—(LL) - Music</p> 	<p>23 Hair Dresser 10:00 am—(LL) - Ball &amp; Theraband Exercises 11:00 am—(LL) - Food council Mtg 2:00 pm—(LL) - Worship Service 4:00 pm—Walking Program 7:00 pm—Food bingo</p>	<p>24 10:00 am—Fall's Prevention Level 2 11:00 am—(LL) - Quality Council Mtg 2:00 pm—Robbie Burn's Party</p> 	<p>25 10:00 am—(LL)- Fun &amp; Fitness 10:30 am—(LL) - Trivia 2:30 pm—(SmDRm) -Java Music program</p> 	<p>26 10:00 am—Magical Paws Visit</p>
<p>27 9:30am—Loading for Silverwater Church Service 2:00 pm—(SmDRm) - Bible Reading</p>	<p>28 Hair Dresser 10:00 am—(LL)- Sit Fit 2:00 pm—(Lg Drm) - Bingo 4:30 pm—Walking Program 7:00 pm—SmDRm) - Family Matters Mtg</p>  	<p>29 10:00 am—(LL)- Falls Prevention Level 1 11:00 am—(LL) - Decorate Cake 2:00 pm—(LL) - Birthday Tea—</p> 	<p>30 Hair Dresser 10:00 am—(LL) - Ball &amp; Theraband Exercises 2:00 pm—(LL) - Worship Service 4:00 pm—Walking Program 7:00 pm—Food bingo</p> 	<p>31 10:00 am—Fall's Prevention Level 2 3:00 pm—(SmDRm) -) -Reading Program 4:00 pm—Walking Program</p>	<p><u>Room Location</u> LL—Large Lounge Lg Drm—Large Dining Room Sm Drm—Small Dining Room RC Rm—Restorative Care Room SmL—Small Lounge Res Rm—Resident Room CtYd—Courtyard</p>	<p>Monday, Wednesday, Thursday—4:15pm—Walking Programs Saturdays 10:00 am  Winnie visits Tuesdays 10:00 am</p>