

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2019</h1> <h2>Villa Retirement Lodge Activities Calendar</h2>		<p><b>1</b></p> <p>HAPPY NEW YEAR!</p> <p>10:00 Exercise Video (RR) 1:00 Movie Matinee (RR)</p> <p><small>New Year's Day</small></p>	<p><b>2</b></p> <p>10:00 Keeping Fit (RR) 10:30 Chinese Checkers (C) 12:00 Birthday Celebration 2:00 Elimination (C) 6:30 Pub Night (N/H) 7:00 Gilmore Girls (RR)</p>	<p><b>3</b></p> <p>10:00 VON Exercise (RR) 10:30 Bingo (RR) 2:00 Rosary and Communion Service (N/H) 6:30 Entertainment with The Pensionnaires (RR)</p>	<p><b>4</b></p> <p>10:00 Keeping Fit (RR) 10:30 Richard Strauss: Alpensinfonie (RR) 2:00 Giant Crossword (C) 3:00 Pub Time (L)</p>	<p><b>5</b></p> <p>10:00 Exercise Video (RR) 2:00 Adult Colouring (C) 6:30 Movie Night (RR)</p>
<p><b>6</b></p> <p>10:00 Church Service on Big Screen (RR) 1:30 Downton Abbey (RR) 2:45 Bible Reading (N/H)</p>	<p><b>7</b></p> <p>10:00 Walking Club (RR) 10:30 VON Exercises (RR) 2:00 Bingo (RR) 2:00 Salvation Army Church Service (N/H) 4:00 Yoga (RR)</p>	<p><b>8</b></p> <p>10:00 Keeping Fit (RR) 10:30 Elimination (C) 12:00 Meet our Newest Volunteer 2:00 Hot Chocolate Social (C)</p>	<p><b>9</b></p> <p>10:00 VON Exercises (RR) 10:30 Placido Domigos y Paloma San Basilo Concert (RR) 2:00 Knitty Gritty Knitting Club (L) 7:00 Gilmore Girls (RR)</p>	<p><b>10</b></p> <p>10:00 Keeping Fit (RR) <b>10:30 Shopper Drug Mart Outing</b> <b>12:00 PIE Lunch Outing</b> 2:00 Card Making (RR) 2:00 Rosary (N/H)</p>	<p><b>11</b></p> <p>10:00 Keeping Fit (RR) 10:30 Giant Crossword (C) <b>1:00 \$1 Askennonia Country Jamboree Outing</b> 2:00 Anglican Church Service (N/H) 3:00 Pub Time (L)</p>	<p><b>12</b></p> <p>10:00 Exercise Video (RR) 2:00 Adult Colouring (C) 6:30 Movie Night (RR)</p>
<p><b>13</b></p> <p>10:00 Church Service on Big Screen (RR) 1:30 Downton Abbey (RR) 2:45 Bible Reading (N/H)</p>	<p><b>14</b></p> <p>10:00 Walk the Tunnel 10:30 VON Exercises (RR) 2:00 Krafts with Kassandra (RR) 4:00 Yoga (RR)</p>	<p><b>15</b></p> <p>10:00 Keeping Fit (RR) <b>10:30 Giant Tiger &amp; Dollarama Outing</b> 11:00 Daily Bread with Reverend Tom (L) 1:30 Kudos Staff Challenge Launch (RR) 2:00 Entertainment by Adrien Robitaille (N/H)</p>	<p><b>16</b></p> <p>10:00 VON Exercises (RR) 10:30 Elimination (C) 1:30 Praise Time with Master's Four (RR) 3:00 Java Music Club (CR) 7:00 Gilmore Girls (RR)</p>	<p><b>17</b></p> <p>10:00 Keeping Fit (RR) 10:30 Bingo (RR) 2:00 Sing A Long with Jerry (RR) 2:00 Rosary and Communion Service (N/H) 3:00 Travel Café: France (C)</p>	<p><b>18</b></p> <p>10:00 Keeping Fit (RR) 11:00 Resident Food &amp; Council Meeting (L) 2:00 Midland Public Library Pop-Up Visit (RR) 3:00 Pub Time (L)</p>	<p><b>19</b></p> <p>10:00 Exercise Video (RR) 2:00 Adult Colouring (C) 6:30 Movie Night (RR)</p>
<p><b>20</b></p> <p>10:00 Church Service on Big Screen (RR) 1:30 Downton Abbey (RR) 2:45 Bible Reading (N/H)</p>	<p><b>21</b></p> <p>10:00 Walking Club (RR) 10:30 VON Exercises (RR) 1:30 Martin Luther King Documentary (RR) 3:00 Timbit Time (C) 4:00 Yoga (RR)</p> <p><small>Martin Luther King Day Tu B'Shevat</small></p>	<p><b>22</b></p> <p>10:00 Keeping Fit (RR) 10:30 Elimination (C) 2:00 Travel Log Program (RR) 2:00 Entertainment by Bob Cook (N/H)</p>	<p><b>23</b></p> <p>10:00 VON Exercises (RR) 11:00 Behind the Scenes (L) 2:00 Sing Along With Susie Q Praise &amp; Joy DVD (RR) 7:00 Gilmore Girls (RR)</p>	<p><b>24</b></p> <p>10:00 Keeping Fit (RR) 10:30 Bingo (RR) <b>2:00 Walmart Outing</b> 2:00 Rosary (N/H)</p>	<p><b>25</b></p> <p>10:00 Keeping Fit (RR) <b>10:30 Tim Hortons Coffee Break Outing</b> <b>1:00 \$1 Askennonia Country Jamboree Outing</b> 3:00 Pub Time (L)</p>	<p><b>26</b></p> <p>10:00 Exercise Video (RR) 2:00 Adult Colouring (C) 6:30 Movie Night (RR)</p>
<p><b>27</b></p> <p>10:00 Church Service on Big Screen (RR) 1:30 Downton Abbey (RR) 2:45 Bible Reading (N/H)</p>	<p><b>28</b></p> <p>10:00 Walking Club (RR) 10:30 VON Exercises (RR) <b>11:00 Campbell's British Tea Room Lunch Outing; Barrie</b> 2:00 Krafts with Kassandra (RR) 4:00 Yoga (RR)</p> <p><small>Australia Day (observed)</small></p>	<p><b>29</b></p> <p>10:00 Keeping Fit (RR) <b>10:30 Salvation Army Thrift Store Outing</b> <b>12:00 Phil's Wings Lunch Outing</b> 2:00 Entertainment by Ken Losell (N/H) 3:00 Elimination (C)</p>	<p><b>30</b></p> <p>10:00 VON Exercises (RR) 11:00 Hear Well Be Well (RR) 3:00 Java Music Club (CR) 7:00 Gilmore Girls (RR)</p>	<p><b>31</b></p> <p>10:00 Keeping Fit (RR) 11:00 Trivia (L) 2:00 Art Class with Natasha (RR) 2:00 Rosary (N/H)</p>	<p><b>Wishing you and your family a happy and healthy new year</b></p>	

Legend: RR= Roberta Room N/H= Nursing Home CR= Conference Room L= Lounge

Recreation Department: 705-526-4238 ext: 218