



January 2019 Temiskaming Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>We now have activities available in the dining room to keep you busy while you wait for your meals.</p> 	<p>Residents will update the Memorial Board as needed throughout the month.</p> 	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 1:30 Nail Care 2:30 Cards and Dice 6:30 LCR Dice Game**</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 11:15 Trivia 2:30 Bingo 6:15 Hot Wax Therapy 6:30 Euchre*</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 11:15 Claybelt Chronicles 2:30 Cards and Dice 6:30 Movie Night</p>	<p>9:30 Library 10:00 Exercise Class -Stay Fit 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:30 LCR Dice Game**</p>	<p>10:30 Monster Bingo 1:30 Humour Therapy- Jokes 3:00 Crafts</p>
<p>10:30 Balloon ball 1:00 Music DVD 1:00 DementiAbility Programs 2:00 Church Service Interdenominational 2:30 LCR Dice Game**</p>	<p>10:00 Exercise Class -Stay Fit 10:30 JW Bible 11:00 JAVA Baking 2:30 Bingo 3:45 Reading Group 6:30 Wii Games!</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 10:30 Activity Lunch 1:30 Nail Care 2:30 Cards and Dice 6:30 JAVA Music Club 6:30 LCR Dice Game**</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 11:15 Trivia 2:30 Resident Birthday Party with Beverly Flynn 6:30 JAVA Memory Club 6:30 Euchre*</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 11:15 Claybelt Chronicles 1:30 Resident Council 2:30 Cards and Dice 3:30 Afternoon Movie 6:15 Hot Wax Therapy</p>	<p>10:00 Exercise Class -Stay Fit 10:30 Front Porch Baking 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:30 LCR Dice Game**</p>	<p>1:30 Humor Therapy-Movie 3:00 Front Porch Travels 6:30 Bingo</p>
<p>10:30 Balloon Ball 1:00 Music DVD 1:00 DementiAbility Programs 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 3:00 Wii Games!</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Tai Chi 10:30 JW Bible 11:00 JAVA Baking 2:30 Bingo 3:45 Let's Read Together 6:30 Entertainment with Ducharme Brothers</p>	<p>10:00 Overtones 1:30 Nail Care 2:30 Cards and Dice 3:45 Exercise Class -Stay Fit 6:30 JAVA Music Club 6:30 LCR Dice Game**</p>	<p>10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 11:15 Trivia 2:30 Bingo 6:15 Paint Night 6:30 Euchre**</p>	<p>8:30 Breakfast Club 9:30 Spa Day 10:00 Exercise Class -Stay Fit 10:45 Tai Chi 11:15 Claybelt Chronicles 2:30 Cards and Dice 6:15 Hot Wax Therapy</p>	<p>9:30 Library 10:00 Exercise Class -Stay Fit 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:30 LCR Dice Game**</p>	<p>10:30 Bingo 1:30 Humor Therapy-Movie 3:00 Board Games</p>

Activities with ** beside them indicate they are Resident Led Event or Club (REC)


DementiAbility Programs include laminating, folding, shredding, sorting, colouring, cutting, pasting, decoration making etc.

Calendar is subject to change. Please check the Activity Board for more information or updates.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Balloon Ball 1:00 DementiAbility Programs 1:00 Music DVD 2:00 Church Service Interdenominational 2:30 LCR Dice Game** 3:30 Afternoon Movie <div style="text-align: right;">20</div>	10:00 Exercise Class -Stay Fit 10:30 JW Bible 11:00 JAVA Baking 2:30 Bingo 3:45 Reading Group <div style="text-align: right;">21</div>	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 1:30 Nail Care 2:00 Entertainment with Unison 6:30 JAVA Music Club 6:30 LCR Dice Game** <div style="text-align: right;">22</div>	10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 11:15 Trivia 2:30 Bingo 6:30 JAVA Memory Club 6:30 Euchre** <div style="text-align: right;">23</div>	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 11:15 Claybelt Chronicles 2:00 Entertainment with Golden Memories 6:15 Hot Wax Therapy <div style="text-align: right;">24</div>	10:00 Exercise Class -Stay Fit 10:30 Timiskaming Child Care Visit 1:30 R.C. Church 2:00 Pastoral Visits 2:30 Bingo 6:30 LCR Dice Game** <div style="text-align: right;">25</div>	1:30 Wii Games! 2:00 Entertainment with Linda Henry 3:30 Humor Therapy-Jokes 6:30 Bingo <div style="text-align: right;">26</div>
10:30 Balloon Ball 1:00 DementiAbility Programs 1:00 Music DVD 2:30 LCR Dice Game** <div style="text-align: right;">27</div>	10:00 Exercise Class -Stay Fit 10:30 JW Bible 11:00 JAVA Baking 2:30 Bingo 3:45 Let's Read Together 6:30 Wii Games! <div style="text-align: right;">28</div>	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 1:30 Nail Care 2:30 Cards and Dice 6:30 JAVA Music Club 6:30 LCR Dice Game** <div style="text-align: right;">29</div>	10:00 Exercise Class -Stay Fit 10:45 Exercise Class -Get Fit 11:15 Trivia 2:30 Bingo 6:30 Euchre** <div style="text-align: right;">30</div>	10:00 Exercise Class -Stay Fit 10:45 Tai Chi 11:15 Claybelt Chronicles 2:30 Cards and Dice 6:15 Hot Wax Therapy <div style="text-align: right;">31</div>		

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