

**JANUARY 2019**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
		<b>1</b> <b>HAPPY NEW YEAR</b>	<b>2</b> <b>11:00 Tasks</b> <b>2:00 Holiday Clean - Up</b>	<b>3</b> <b>10:00 Sit Fit Lower</b> <b>10:30 Manicures with Lynda</b> <b>2:30 Bingo</b> <b>6:30 Nighthawk Club</b>	<b>4</b> <b>11:00 Potato Peeling</b> <b>2:00 Daily Bread</b> <b>Reading with Marie</b>	<b>5</b> <b>Afternoon Feature Film</b>
<b>6</b> <b>2:00 Anglican Church</b> <b>Service</b>	<b>7</b> <b>10:15 Catholic</b> <b>Communion</b> <b>2:00 Sit Fit Upper</b> <b>2:30 Deal or No Deal</b>	<b>8</b> <b>10:00 Resident Council</b> <b>11:00 Tasks</b> <b>2:00 Standing Balance</b> <b>Class</b>	<b>9</b> <b>11:00 Tasks</b> <b>2:00 Daily Bread Reading</b> <b>with Marie</b> <b>2:30 Parachute</b>	<b>10</b> <b>10:00 Sit Fit Lower</b> <b>10:30 Manicures with Lynda</b> <b>2:30 Bingo</b> <b>6:30 Nighthawk Club</b>	<b>11</b> <b>11:00 Potato Peeling</b> <b>2:00 Coffee Club</b>	<b>12</b> <b>Afternoon Feature Film</b>
<b>13</b> <b>10:00 Presbyterian</b> <b>Church Service</b>	<b>14</b> <b>10:15 Catholic</b> <b>Communion</b> <b>2:00 Sit Fit Upper</b> <b>2:30 Wheel of Fortune</b>	<b>15</b> <b>10:00 Standing Balance</b> <b>Class</b> <b>11:00 Tasks</b> <b>2:00 "Better Late Than</b> <b>Never" Kick Off</b>	<b>16</b> <b>2:00 Daily Bread Reading</b> <b>with Marie</b> <b>2:30 Volleyball</b>	<b>17</b> <b>10:00 Sit Fit Lower</b> <b>10:30 Manicures with Lynda</b> <b>2:30 Bingo</b> <b>6:30 Nighthawk Club</b>	<b>18</b> <b>11:00 Potato Peeling</b> <b>2:00 Coffee Club</b> <b>HB! Gertrude B. 83!</b>	<b>19</b> <b>Afternoon Feature Film</b>
<b>20</b> <b>2:00 Missionary</b> <b>Church Service</b> <b>HB! Aletta K. 91!</b>	<b>21</b> <b>10:15 Catholic Communion</b> <b>2:00 Sit Fit Upper</b> <b>2:30 Robbie Burns Baking</b>	<b>22</b> <b>10:00 Standing Balance</b> <b>Class</b> <b>11:00 Tasks</b> <b>2:00 Highland Games</b>	<b>23</b> <b>2:00 Daily Bread</b> <b>Reading with Marie</b> <b>2:30 Darts</b>	<b>24</b> <b>10:00 Sit Fit Lower</b> <b>10:30 Manicures with Lynda</b> <b>2:30 Bingo</b> <b>6:30 Nighthawk Club</b>	<b>25</b> <b>11:00 Potato Peeling</b> <b>2:00 Robbie Burns</b> <b>Party</b>	<b>26</b> <b>Afternoon Feature Film</b>
<b>27</b> <b>2:00 United Church</b> <b>Service</b> <b>HB! Anna K. 94!</b>	<b>28</b> <b>10:00 Bible Study</b> <b>10:15 Catholic Communion</b> <b>2:00 Sit Fit Upper</b> <b>2:30 Match Game</b>	<b>29</b> <b>10:00 Standing Balance</b> <b>Class</b> <b>11:00 Tasks</b> <b>2:00 Craft Corner</b>	<b>30</b> <b>2:00 Daily Bread</b> <b>Reading with Marie</b> <b>2:30 Bowling</b>	<b>31</b> <b>10:00 Sit Fit Lower</b> <b>10:30 Manicures with Lynda</b> <b>2:30 Bingo</b> <b>6:30 Nighthawk Club</b>		

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