

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

We will be supporting the OLTC campaign by encouraging all residents, their family and friends to join us as we send on-line letters to the Ontario Government to access more funding for Long Term Care.

- Three recommendations are
1. More staff for Dementia Care
 2. Build and Modernize Homes
 3. Focus on Care/not Paperwork

HAPPY NEW YEAR



Sharing my home
Pathway to Reconciliation
Get smart education

CELEBRATE
Indigenous Culture
Mnido Giizis or Spirit Moon January 5 - 6:30
Northern Lights Videos
January 9th at 1:30
Crafty Hands
Make Northern Lights Artwork

SOUTHAMPTON CARE CENTRE JANUARY 2019

1
HAPPY NEW YEAR
Pradeep PT visits
7:30- 1:30
10 am Big Balloon Games

11am Watch the Rose Bowl Parade

2 pm Make Birthday Cards for the staff/ adult colouring Books

2

10am Good News hymn sing
11 am Lower Limb Sit Fit
11am REC-TV Price is Right

1:30 Take down Xmas Tree Decorations

7 pm REC- Hockey club

3 Pet Therapy /Katie & Paul
Chaplain Eileen visits
REC - Aquarium checks
Take down Xmas village
11 am REC-Exercise class
1:30 Take down decorations in Beacon Lounge & Small Dining RM
2 pm Music Concert with Fred Seiffert
3:30 Lower Limb Sit Fit
6:30 Take down wreaths
7 pm REC-TV- Family feud

4 REC Friday Flyers club
10 am Big Balloon Fun
11am Fall Prevention class
Pradeep PT visits
1 pm- 7:30 pm
2 pm Relax & Reminsce 2018
3:45 REC- Euchre club
3:45 REC- TV National Geographic Animal Club
6:30 Andre Riel Music DVD

5 Pauline w/e
Dementiability Activity
2 pm Music Concert with Mike & Friends
3:30 REC- BBC Videos Planet Earth Series
3:45 REC- Euchre club
4 pm mobile active Game /Snow Ball fight
6:30 JAVA Music Club
7 pm REC- Hockey club

6 Pauline w/e
Dementiability Activities
3 pm
Southampton United Church
4 pm REC- Reading Groups
6:30 Movie Night

7
Chaplain Eileen visits
9:15 Men's club/FL
Dementiability Activities
10:15 Valentine Choir Practice
11 am Art Workshop/Zena
2 pm REC-Bingo/prizes
3:30 Upper Limb Sit Fit
6:30 Music DVD

8 Pradeep PT visits
7:30- 1:30
9:30 Manicures
10:30 REC-Exercise class
11am REC-TV Price is Right
2 pm Singalong Concert with Jones & Jones
3:30 Fall Prevention Class
REC- Dementiability Tidy
6:30 14000 THINGS to be Happy About

9
10 am Good News hymn sing
11 am Lower Limb Sit Fit
11 am Reading Group
1:30 Quality Council
1:30 CRAFTY HANDS Make Northern Light Art
3:30 Fresh Air Friends
6:30 Melodies &Memories Choir
7 pm REC- Hockey club

10
Chaplain Eileen visits
Pet Therapy /Katie & Paul
Chaplain Eileen visits
REC - Aquarium checks
10 am Art to Music
2 pm REC Baking Club
Make Banana Bread
3:30 REC-Reading Group
3:30 Lower Limb Sit Fit
6:30 Banana Bread Social
7 pm REC-TV- Family feud

11
REC Friday Flyers club
Dementiability Activities
9:45 Food Committee
10:15 Resident Council
11am Fall Prevention class
Pradeep PT visits
2 pm Sing & Dance with George & Maxine
3:45 REC- Euchre club
3:45 REC- TV National Geographic Animal Club
6:30 Andre Riel Music DVD

12
Lisa w/e
2 pm Folk Concert with Cathy Kempert
3:30 REC-BBC Videos Planet Earth Series
3:45 REC- Euchre club
4 pm mobile active Game /Snow Ball fight
6:30 China Tea Party
7 pm REC- Hockey club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13 Lisa w/e</p> <p>Dementiability Activities</p> <p>3 pm Pentecostal Church Service</p> <p>4 pm REC- Reading Groups</p> <p>6:30 Movie Night</p>	<p>14 Chaplain Eileen</p> <p>9:15 Men's club/FL</p> <p>10 am Ladies Friendship Circle</p> <p>Dementiability Activities</p> <p>10:15 Art to Music</p> <p>11 am Art Workshop/Zena</p> <p>Dementiability Activities</p> <p>2 pm REC BINGO</p> <p>3:30 Upper Limb Sit Fit</p> <p>6:30 Music DVD</p>	<p>15 Pradeep PT visits</p> <p>7:30- 1:30</p> <p>9:30 Manicures</p> <p>10:30 REC-Exercise class</p> <p>11am REC -TV Price is Right</p> <p>2 pm January Thaw Beach Party</p> <p>Play Beach Volleyball</p> <p>Wear tropical colours</p> <p>3:30 Fall Prevention Class</p> <p>6:30 REC- Euchre club</p> <p>REC- Dementiability Tidy</p> <p>6:30 Let's Chat Social</p>	<p>16</p> <p>10am Good News hymn sing</p> <p>11 am Lower Limb Sit Fit</p> <p>11 am Reading Group</p> <p>1:45 REC- Baking Club</p> <p>Snowflake Spa Hand & Foot soaks</p> <p>3:30 Fresh Air Friends</p> <p>6:30 Vintage Movie Night</p> <p>7 pm REC- Hockey club</p>	<p>17</p> <p>Pet Therapy /Katie & Paul</p> <p>REC - Aquarium checks</p> <p>10 am Art to Music</p> <p>11 am REC-Exercise class</p> <p>1:45 REC- Baking Club</p> <p>Make Mug Cakes</p> <p>3:30 Lower Limb Sit Fit</p> <p>6:30 Mug Cake Social</p> <p>7 pm REC TV- Family Feud</p>	<p>18 REC Friday Flyers club</p> <p>10 am Big Balloon Fun</p> <p>10 am REC Garden Club</p> <p>11am Fall Prevention class</p> <p>Pradeep PT visits</p> <p>1 pm- 7:30 pm</p> <p>2 pm Music Concert with TAKE One Band</p> <p>3:45 REC- Euchre club</p> <p>3:45 REC- TV National Geographic Animal Club</p> <p>6:30 Andre Riel Music DVD</p>	<p>19 Pauline w/e</p> <p>2 pm Music Concert with Dave Hiscox</p> <p>3:30 REC- BBC Videos Planet Earth Series</p> <p>3:45 REC- Euchre club</p> <p>4 pm mobile active Game /Snow Ball fight</p> <p>6:30 JAVA music club</p> <p>7 pm REC- Hockey club</p>
<p>20 Pauline w/e</p> <p>Dementiability Activities</p> <p>3 pm Port Elgin United Church Service</p> <p>4 pm REC- Reading Groups</p> <p>6:30 Wandering Minstral</p>	<p>21 Pradeep PT visits</p> <p>7:30- 1:30</p> <p>9 :15 Men's club/FL</p> <p>Dementiability Activities</p> <p>10:15 Valentine Choir Practice</p> <p>2 pm REC BINGO</p> <p>3:30 Upper Limb Sit Fit</p> <p>6:30 Music DVD</p>	<p>22 Pradeep PT visits</p> <p>7:30- 1:30</p> <p>9:30 Manicures</p> <p>10:30 REC-Exercise class</p> <p>11am REC -TV Price is Right</p> <p>2 pm Birthday Party Concert with Al Crawford</p> <p>3:30 Fall Prevention Class</p> <p>6:30 REC- Euchre club</p> <p>REC- Dementiability Tidy</p> <p>6:30 China</p>	<p>23</p> <p>10am Good News hymn sing</p> <p>11 am Lower Limb Sit Fit</p> <p>11 am Reading Group</p> <p>1:30 Citrus Social - enjoy some citrus fruits & Lemon Bowling</p> <p>3:30 Fresh Air Friends</p> <p>6:30 Hot Chocolate & Social</p> <p>7 pm REC- Hockey club</p>	<p>24</p> <p>Pet Therapy /Katie & Paul</p> <p>11 am REC-Exercise class</p> <p>REC- Aquarium checks</p> <p>2 pm REC Crafty Hands</p> <p>Make Birch Decorations</p> <p>3:30 Lower Limb Sit Fit</p> <p>6:30 Farmers Almanac & Hot Chocolate Social</p> <p>7 pm REC TV- Family Feud</p>	<p>25 REC Friday Flyers club</p> <p>10 am Big Balloon Fun</p> <p>10 am REC Garden Club</p> <p>11am Fall Prevention class</p> <p>Pradeep PT visits</p> <p>1 pm- 7:30 pm</p> <p>2 pm Robbie Burns Day Music Concert with MaryAnne Holst</p> <p>3:45 REC- Euchre club</p> <p>3:45 REC- TV National Geographic Animal Club</p> <p>6:30 Andre Riel Music DVD</p>	<p>26 Lisa w/e</p> <p>2 pm Music Concert with Ralph & Friends</p> <p>3:30 REC-BBC Videos Planet Earth Series</p> <p>3:45 REC- Euchre club</p> <p>4 pm mobile active Game /Snow Ball fight</p> <p>6:30 The Scottish Fiddle Orchesta DVD</p> <p>7pm REC- Hockey club</p>
<p>27 Lisa w/e</p> <p>Dementiability Activities</p> <p>3 pm Tolmie Memorial Presbyterian Church Service</p> <p>4 pm REC- Reading Groups</p> <p>6:30 Hootenany Hoedown with Leavin' Tracks Band</p>	<p>28</p> <p>9 :15 Men's club/FL</p> <p>Dementiability Activities</p> <p>10:15 Valentine Choir Practice</p> <p>11 am Art Workshop/Zena</p> <p>Dementiability Activities</p> <p>2 pm REC- BINGO</p> <p>3:30 Upper Limb Sit Fit</p> <p>6:30 Music DVD</p>	<p>29 Pradeep PT visits</p> <p>7:30- 1:30</p> <p>9:30 Manicures</p> <p>10:30 REC-Exercise class</p> <p>11am REC -TV Price is Right</p> <p>2 pm Parachute Fun</p> <p>3:30 Fall Prevention Class</p> <p>6:30 REC- Euchre club</p> <p>REC- Dementiability Tidy</p> <p>6:30 China Tea Party</p>	<p>30</p> <p>10am Good News hymn sing</p> <p>11 am Lower Limb Sit Fit</p> <p>11 am Reading Group</p> <p>2 pm Happy Hippie Party</p> <p>50 years of the Beatles</p> <p>Wear your headband</p> <p>3:30 Fresh Air Friends</p> <p>6:30 Let's Chat</p> <p>7 pm REC- Hockey club</p>	<p>31</p> <p>Pet Therapy /Katie & Paul</p> <p>Chaplain Eileen visits</p> <p>11 am REC-Exercise class</p> <p>REC- Aquarium checks</p> <p>3:30 Lower Limb Sit Fit</p> <p>6:30 Farmers Almanac & Hot Chocolate Social</p> <p>7 pm REC TV- Family Feud</p>	<p>SOUTHAMPTON CARE CENTRE</p> <p>JANUARY 2019</p> <p>Celebrate Cultural Diversity of Scotland</p> <p>Jan 25 music food and fun</p> <p>Tribute to Robbie Burns</p>	