The time has arrived for us to prepare for the administration of your annual Influenza Vaccine. Influenza (commonly known as the flu) is a serious, acute respiratory infection that is caused by a virus. Symptoms include cough, fever, chills, sore throat, headache, muscle aches and fatigue. The flu virus will last for 3 to 7 days. It is spread from an infected person to others via coughing, sneezing and by direct contact with contaminated surfaces and unwashed hands. During the flu season (late fall through early spring) we encourage good hand washing prior to and after visiting others.

The influenza vaccine is recommended for everyone, especially those closely associated with long term care facilities for the protection against Influenza A and B virus (residents, families, health care providers and volunteers). The older population is considered to be at high risk for influenza due to serious long-term health problems involving the heart, kidney or lungs, etc. Those infected by the virus may progress to pneumonia and possible death due to the severity and duration of the flu.

We are planning to vaccinate all of our residents at the end of October 2017. All of the Influenza vaccine consents are being mailed out to POAs. Please review and return back to Sherri Lotton ASAP. Without a returned signed consent we will be unable to vaccinate your family member. Consents can either be mailed, faxed or scanned back.

Please contact Sherri Lotton, Co-Director of Care, if you have any questions regarding the Influenza Vaccine:
705-526-4238, ext 219.
Fax 705-526-5080. slotton@jarlette.com
Hello all. Well, the leaves will soon be changing and we are getting ready for our fall education sessions.

In September we will be focusing on pain and its management with all staff receiving LTC Pain Management BP blogger education.

“Introduction to End of Life Issues” is the RELIAS online education for this month.

WHIMIS is also the focus for September. Safety talks on Material Safety Data Sheets on the products most used will also be taking place throughout the month in all our departments.

Our Palliative Care Nurse Consultant, Cori Johnson, will be conducting round table education sessions on September 27th at 1015hrs and will be talking about strategies to help staff conduct pain assessments.

Chris from Medigas was here to review the suctions machines with the registered staff on September 21st.

Amy Reid from RNAO will be here to present a Falls prevention education session for all staff September 22nd 1015hrs.

Yoga continues at the Lodge Monday nights: drop in with two sessions 1st one at 4:20pm to 5:20pm then another starting at 5:45pm to 6:45pm. Cost is $4.00 per session with Helen Aikens from “Rising Phoenix”. See posters for more information or call Denise at ext. 208.

Remembering Our Friends:

Our thoughts and prayers are with the families of our Friends & Neighbours who passed away this month:

Grace Gowan: October 1921—August
Audrey Grace: February 1930—August
Anne MacBean: September 1922—August
Mary Reid: March 1927—August
Bernadette Roussy: January 1928—August
Jack Webster: April 1936—August

From the Administration Office: Cheryl Dusome

It's that time of the year again to complete our Annual Contract Renewals.

Please stop by the Administration Office (1st floor) next time you are visiting and I will be happy to assist you.
Volunteer Ventures - Stacy Zelazny, Coordinator of Volunteer Services

Refer a Friend to Volunteer!

If you know someone who would be a great fit to our home and is interested in volunteering, refer them and you will be entered to win a $25 Tim Horton’s Gift Card.*

*Please note the potential volunteer must complete at least 10 hours volunteer service for you to qualify.

If you are interested, Please contact Stacy x 217 or szelazny@jarlette.com

The Activation and Volunteer Departments are looking for a volunteer who can assist with Dementiability Programming at least 1 day/week for 1-2 hours on a somewhat consistent basis. If you think you would be a great fit, please e-mail or call Stacy. If you feel you would benefit from educational opportunities to learn more about Dementiability and our Home’s goals within this program, let us know!

Volunteer Hours: August

Residents gave 232 hours of their time, and

Community Volunteers gave 286 hours,

Pictured: Fran Hill & Warren Lindsay, Directors of HSVCT, at the Open House, September 7th

EARLY BIRD NOTICE

The Huronia Seniors’ Care Team are hosting their Annual Craft & Gift Bazaar on

Saturday, November 18th: 8:30—1:00. Again this year we are planning on selling baked goods & lunch as well as a “Loonie Raffle”.

Any donations are always greatly appreciated. Tables are $20.00 each.

Book early to reserve your space.

If you would like to participate either as a volunteer or have a table, please contact

Stacy: (705)526-4238 X217 or szelazny@jarlette.com
DementiAbility at the Villa Care Centre

You will continue to see some new and exciting changes coming to our second and third floor home areas. A group of staff will be trained in October in DementiAbility Methods; The Montessori Way, which is a two day course by Gail Elliot. This education focuses on creating environments that support the needs, interests, skills and abilities of individuals living with dementia and other forms of cognitive impairment. We have several staff who are already trained, but because we have seen such success with using the DementiAbility philosophy in our home, we want to continue and expand upon what we have already started. DementiAbility focuses on identifying abilities, discovering what a person with dementia CAN still do, providing independence, and understanding that some of what we cannot do is caused by misuse.

We are working towards making our units more interactive and having activities readily available for use throughout the day. Activities will be more easily accessible for residents and their families in the lounge such as games, sorting/matching activities and reminiscing photos as well as short stories. We will be continuing with our doll therapy and sensory programs as well as continuing to create individual “All About Me” bios to post at residents bedsides. You may also see some extra “photo cueing” throughout the home, identifying where a resident washroom is, for example.

The more engaged our residents are the less responsive behaviours, restlessness, and pacing we will see and, in turn, the happier and more fulfilled our residents will be. This is meant to be a holistic approach. ALL staff, volunteers and families can support this. We cannot stop the dementia process from happening but we have learned through our education that “If we don’t use it, we lose it”! This is a work in progress. We encourage any feedback and/or suggestions you may have.
# The Villa Care Centre

## Mission Statement

Our home takes pride in providing our residents, families and community partners with an environment that maximizes independence, well being and opportunities for social growth. Through a holistic approach and resident, families and community focus, we believe in promoting education, safety and most of all dignity.

## Services

### Core Purpose:

To make an outstanding difference in the lives of others.

### Jarlette Health Services Core Values:

Everything we do is with Commitment and Passion. We treat people with respect. We are proactively accountable and responsible.

## Numbers to Remember:

### 705-526-4238

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<thead>
<tr>
<th>2nd floor</th>
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Villa Care Centre fax: 526-5080

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## Staffing

**Barb Vallee, Staffing Co-ordinator**

I would like to congratulate the following staff members:

- **Bridget Hudson** has passed her exams and has become a licenced RPN
- **Allie Flewelling** has passed her exams and has become a licenced RN
I hope everyone enjoyed a fantastic summer! The season is always too short!

A big warm welcome to our new Residents and Families!!

Fall has arrived and the colours are so beautiful. It’s time to start swapping out our wardrobes and bringing in warm winter woollies. Just a friendly reminder that all clothes must be labeled. There is a box at the front entrance: please fill out the forms and put the clothes in the white bags provided, then just place them in the box to get labeled.

I am pleased to announce that we had an excellent turnout for our Open House that was held September 7th. It was beneficial and I hope everyone received some more information regarding The Villa Care Redevelopment. We are very excited to see the progress, and will keep everyone updated as we begin the journey.